

Cross-border Access to Clinical Trials

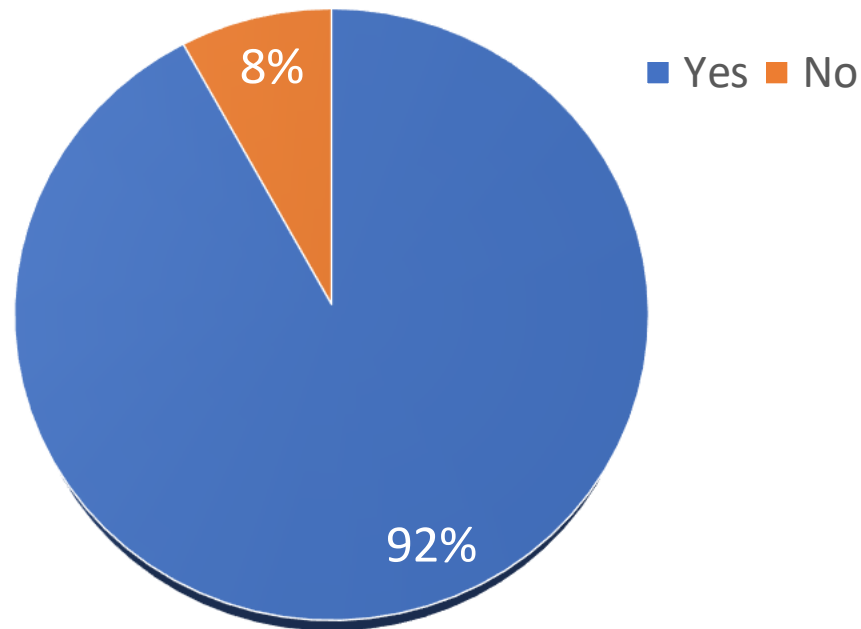
EU X CT



Why cross-border access to trials?

An exploratory study* in 396 stakeholders conducted in 2019/2020 showed a high need for cross-border access to clinical trials in Europe

Do we need cross-border access to trials?



Stakeholder representation in survey

Investigators	46%
Patient organisations	23%
Individual patients or carers	10%
Sponsors	10%
Ethics Committees	1%
Regulators	1%
Others	9%

* [Frontiers | Cross-Border Access to Clinical Trials in the EU: Exploratory Study on Needs and Reality \(frontiersin.org\)](https://www.frontiersin.org)



EU-X-CT Mission



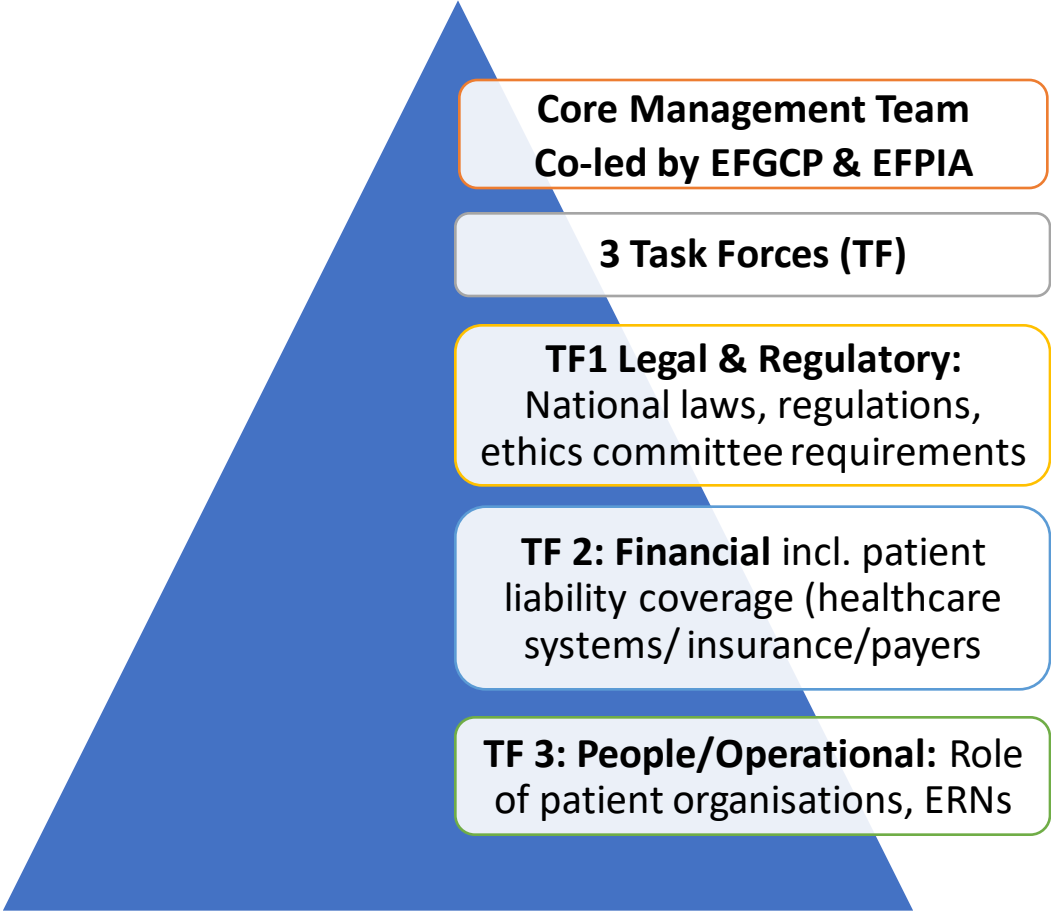
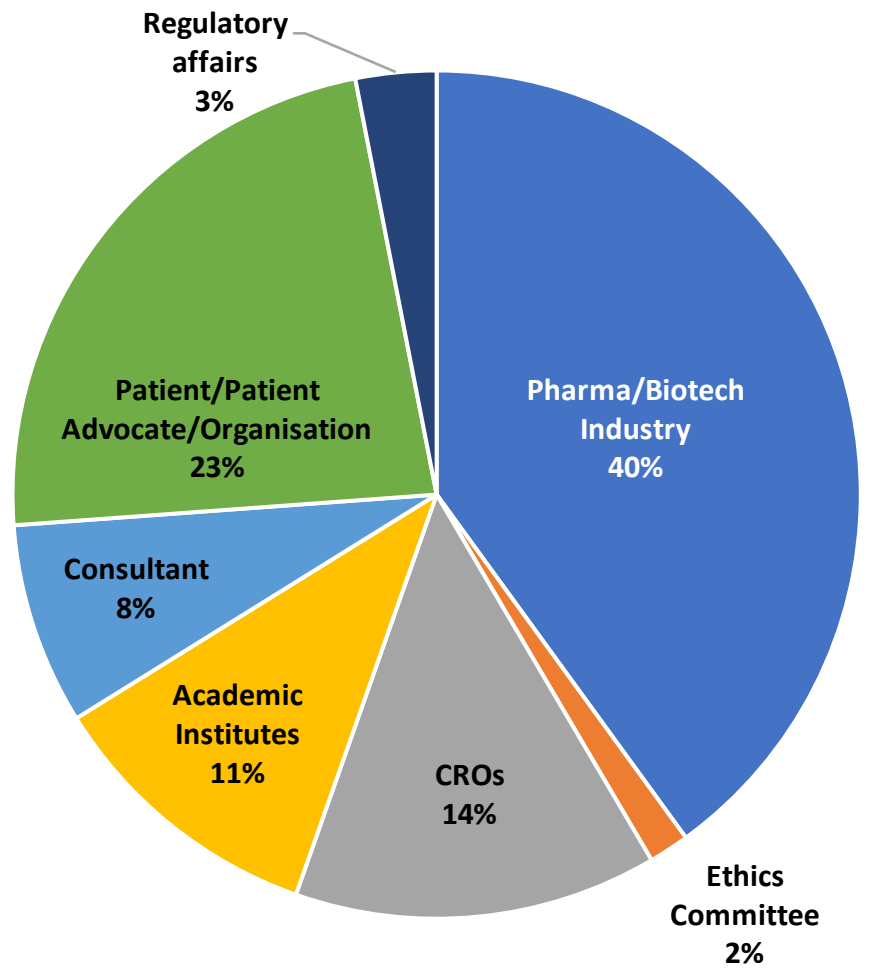
- Opportunities for patients to join a clinical trial in Europe differ greatly depending on the country they live in – **most trials are still done in West European countries**
- Clinical trials are an important element of healthcare, especially for **patients with life-threatening and/or rare diseases** where this might be the only therapeutic option.
- Joining in a clinical trial abroad is **theoretically possible**, but there is **no specific EU legislation or guidance to facilitate cross-border trial participation**



The EU-X-CT Initiative is aiming **to enable cross-border access to trials for patients** when there is no option for them to join a clinical trial in their own country



Membership & organization



65 members from 21 European countries and the United States



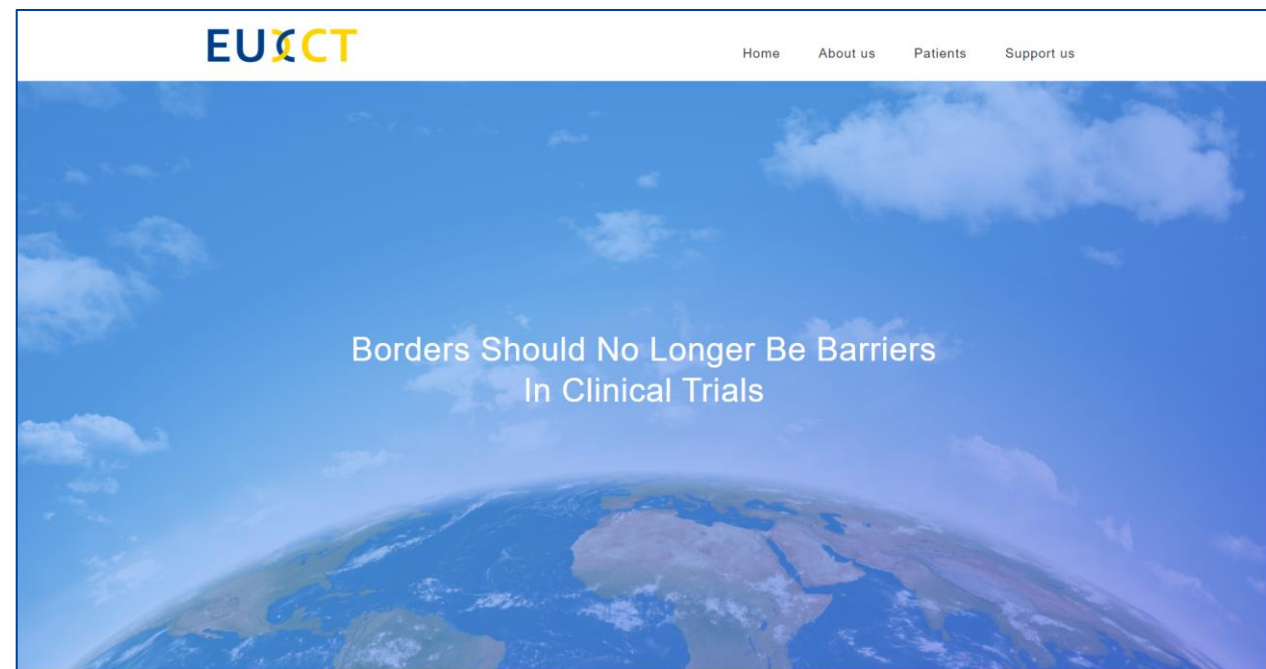
What have our surveys shown?

- Formal national legal/regulatory/ethical frameworks do not seem to exist for cross-border access to trials, but **cross-border trial access is generally not prohibited**
- Several countries (and the Heads of Medicines Agencies*) have issued national guidelines for cross-border access for patients from Ukraine to clinical trials in the EU
- **Additional information is mainly requested by Ethics Committees** - often **on a case-by-case basis** and specific requirements can vary even within a country
- **Patient facing information is often needed in the patient's own language** and there can be requirements for translation/ translators at sites and approval by Ethics Committees
- **Health insurance aspects and indemnity considerations are key**, but it is **very difficult to get information** beyond anecdotal experiences
- **Very limited experience amongst patients and patient organisations** with cross-border trial access – **sometimes it is good and sometimes “a nightmare”**

[*CTCG recommendation to sponsors on managing the impact of the war in Ukraine on clinical trials](#)

We have created an EU-X-CT website

- Independent, neutral
- Freely accessible
- Sharing information on conditions for cross-border access per country for
 - Patients and patient organisations
 - Treating physicians/ investigators
 - Sponsors
 - Healthcare systems/payers/insurers
- Will include relevant recommendations, guidelines when available
- Information on European and national events to discuss/improve the conditions for better cross-border access to trials



[EU-X-CT - Borders Should no Longer be Barriers](#)



Conclusions and next steps

Report from Public Forum

- A report will be published on the outcome of the EU-X-CT Public Forum held on 12th April in Q2 2024
- It will capture the main outcomes from the EU-X-CT surveys and the key discussions and conclusions from the stakeholders at the meeting



Report will be a starting point for drafting recommendations on cross-border access to trials

Co-create draft recommendations

- Based on our survey outcomes, discussions at the public forum and best practice examples shared by stakeholders, EU-X-CT will collaborate with all concerned stakeholders to co-create draft recommendations on cross-border access to clinical trials
- The draft recommendations will request feedback from targeted stakeholders – aim is by Q4 2024



Draft recommendations will be made available on the EU-X-CT website

Public consultation

- A public consultation will be initiated to collect wider feedback on the draft recommendations by Q1 2025
- Once the recommendations are final a 2nd public workshop will be held in Q2 2025 to prepare dissemination & implementation in the stakeholder communities
- The information on national conditions and options on the EU-X-CT website will be completed in Q2 2025.



Final recommendations and information on cross-border access to trials to be shared widely in patient and clinical trial communities



Thank you!

On behalf of EU-X-CT

New members are always welcome to join the initiative!

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