





## Innovations in Early Phase Trials

### **Christina Yap**

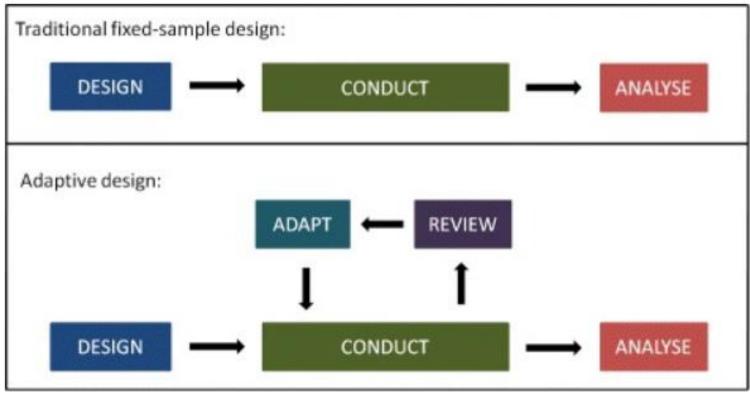
Professor of Clinical Trials Biostatistics
Group Leader, Early Phase and Adaptive Trials

### **Outline**

- 1. Introduction to Adaptive Designs
- 2. Innovations in Early Phase Trial Designs
- 3. Conduct, Analysis & Reporting
- 4. Remarks

### **Adaptive Designs**





Schematic of a traditional clinical trial design with fixed sample size, and an adaptive design with <a href="mailto:pre-specified">pre-specified</a> review(s) and adaptation(s)

### Why use Adaptive Designs?

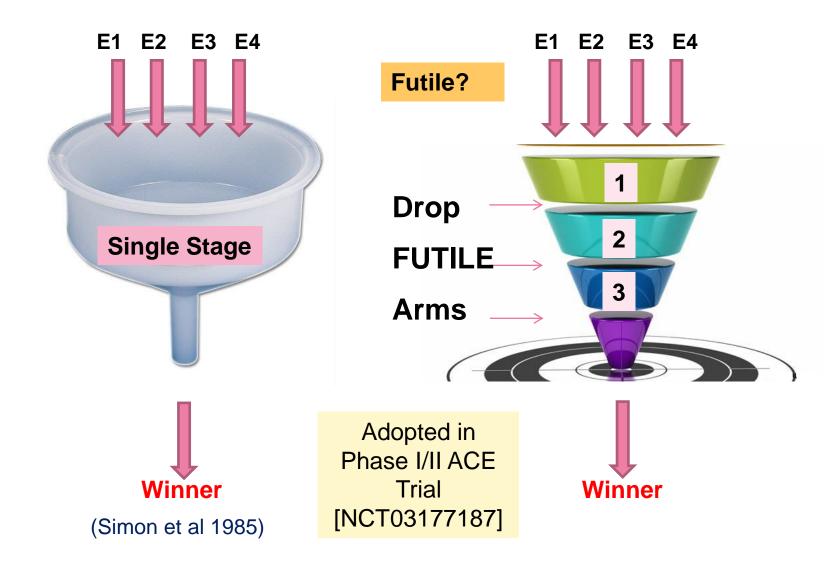
☐ Higher flexibility

Other benefits (depending on the adaptive features) can include:

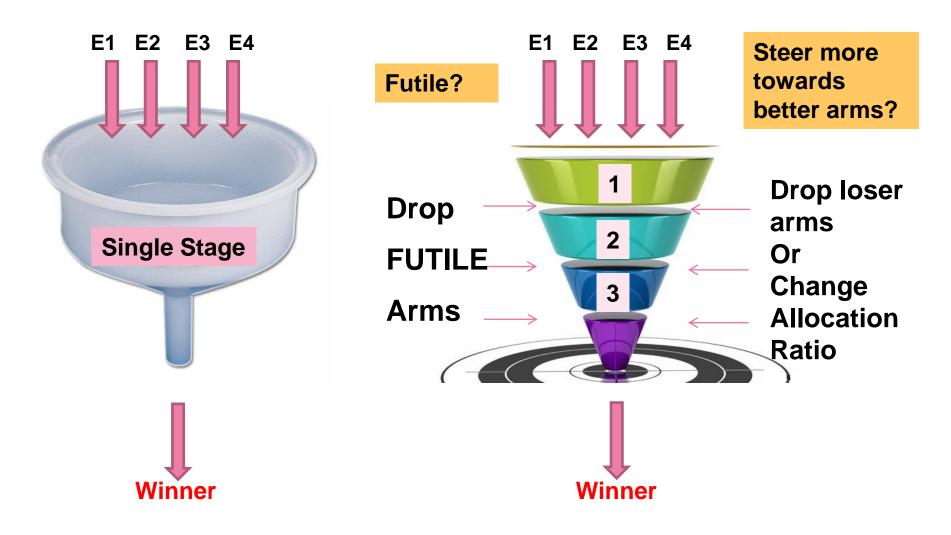
- Higher accuracy
- Optimal allocation of patients
- Shorter trial duration
- ☐ Lower sample size

Design performance could be assessed by simulations.

### **Early Phase Randomised Selection Designs**



### **Early Phase Randomised Selection Designs**



Thall, P. F., Wathen, J. K. (2007). Practical Bayesian adaptive randomisation in clinical trials. European Journal of Cancer 43(5), 859–866 Yap C and Cheung YK (2018). Sequential elimination in multi-arm multi-stage selection trials. Wiley StatsRef: Statistics Reference Online. https://doi.org/10.1002/9781118445112.stat08024

Yap, C., Lin, X., & Cheung, Y. K. K. (2015). Sequential Elimination in Multi-Arm Selection Trials. *Modern Adaptive Randomized Clinical Trials:* Statistical and Practical Aspects, 81, 411-426, edited by Sverdlov, A (ed).

### Classes of Phase I Trial Designs

#### Rule-based

(e.g., 3+3, Rolling 6)

- Simple based on a pre-specified set of rules
- Inefficient/Inflexible Decisions are based on
   DLT rate at current dose
   only.

#### **Model-assisted**

(e.g., BOIN, mTPI, Keyboard)

Hybrid of the two – rules
 + statistical models.

Efficient/Flexible Decisions are based
 primarily at DLT rates at
 current dose; can target
 any DLT rate

#### **Model-based**

(e.g., CRM, TITE-CRM, EWOC, BLRM, EffTox)

- "Complex" statistical model to model relationship between dose and outcomes (toxicity/activity)
- Efficient/Flexible Decisions are based on DLT rates at ALL tested dose levels; can target any DLT rate.

Implementation of Advanced Designs in Oncology Trials

Model-assisted & Model-based Designs

**5.4%** (2009-2014)

**8.6%** (2014-2019)

#### Trial Results Publications

Dose-finding designs for trials of molecularly targeted agents and immunotherapies

Cody Chiuzan, Jonathan Shtaynberger, Gulam A. Manji, Jimmy K. Duong, Gary K. Schwartz, Anastasia Ivanova



19.0% (2017-2023)

#### **Trial Protocols**

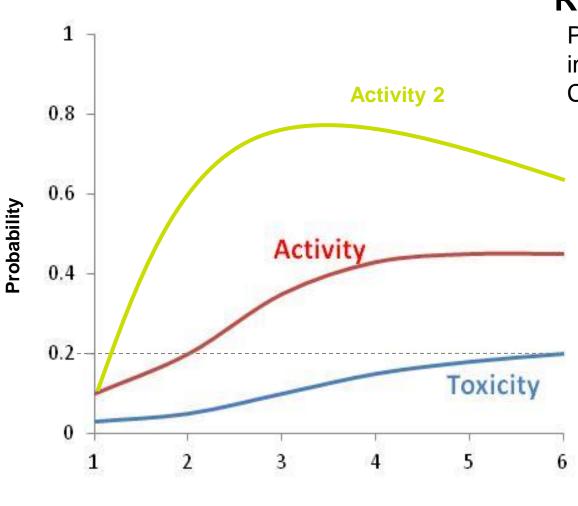


| Check for updates | Christina Yap | PhD2; Richard Carvajal, MD3; and Shing M. Lee | PhD1,3 | MD1, MD2; Richard Carvajal, MD3; and Shing M. Lee | PhD1,3 | | PhD1,3

#### Model-based designs

- chose dose levels higher than the published MTD in 40% of the trials
- assigned fewer patients to suboptimal doses
- permitted faster dose escalation.

### What if .... Activity does not increase with dose?



Dose level

#### RP2D ≠ MTD

PK, PD, immune-based biomarkers, Clinical efficacy outcomes

### CASE STUDY: EFFTOX IN MATCHPOINT TRIAL

EffTox: A Bayesian design which jointly models toxicity and activity (response) and uses a efficacytoxicity trade off criterion, to inform dose decisions

Thall and Cook 2004, "Dose-Finding based on Efficacy-Toxicity Trade-Offs", Biometrics



#### Trial Results

#### THE LANCET Haematology



Ponatinib with fludarabine, cytarabine, idarubicin, and granulocyte colony-stimulating factor chemotherapy for patients with blast-phase chronic myeloid leukaemia (MATCHPOINT): a single-arm, multicentre, phase 1/2 trial

Prof Mhairi Copland PhD a R ⊠, Daniel Slade MSc b, Graham McIlroy PhD b, Gillian Horne PhD a, Jenny L Byrne MBBS c, Kate Rothwell PhD d, Kristian Brock PhD b, Hugues De Lavallade PhD e, Prof Charles Craddock DPhil f, Prof Richard E Clark MD F, Matthew L Smith MD h, Rachel Fletcher PhD b, Rebecca Bishop BSc b, Prof Dragana Milojkovic PhD <sup>i</sup>, Prof Christina Yap PhD <sup>b, j</sup>

### EFFTOX IN MATCHPOINT TRIAL Copland et al, Lancet Haem 2022

| Patient | Activity | Toxicity (DLT) |
|---------|----------|----------------|
| Number  |          |                |
| 1       | No       | No             |
| 2       | No       | Yes            |
| 3       | Yes      | Yes            |
| 4       | Yes      | No             |
| 5       | No       | No             |
| 6       | No       | No             |
| 7       | Yes      | No             |
| 8       | Yes      | No             |
| 9       | Yes      | No             |
| 10      | Yes      | No             |
| 11      | Yes      | Yes            |
| 13      | No       | Yes            |
| 14      | Yes      | No             |
| 15      | Yes      | No             |
| 16      | Yes      | No             |
| 17      | Yes      | No             |

- 4 dose levels; start at dose level 3.
- EffTox design recommended the same dose (30mg) throughout, taking into account both efficacy and toxicity outcomes.
- At recommended dose, posterior mean estimate of:

> Activity: **68**%

(95% credible interval 47–84%)

> Toxicity: **25**%

(95% credible interval 8–41%)

### EFFTOX IN MATCHPOINT TRIAL Copland et al, Lancet Haem 2022

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What would a 3+3 design have recommended?

2/3 DLTs at 30mg, de-escalate to 15mg

0/3 DLT at 15mg, stay at 15mg

0/3 DLT at 15mg.
A 3+3 design would have stopped with MTD declared at 15mg.

EffTox: recommended dose at 30mg

### Incorporating other outcomes

> Cancer Med. 2021 Nov;10(22):7943-7957. doi: 10.1002/cam4.4307. Epub 2021 Oct 22.

Trends in patient-reported outcome use in early phase dose-finding oncology trials - an analysis of ClinicalTrials.gov

Julia Lai-Kwon <sup>1</sup>, Zhulin Yin <sup>2</sup>, Anna Minchom <sup>1</sup>, Christina Yap <sup>2</sup>

Patient Reported Outcomes (PROs)

Only **5.3%** of trials had PRO endpoints

PK, PD

**Activity** 

Dose-decisions and final dose recommendation

**Tolerability** 

(e.g., DLT)

FRIENDS of CANCE RESEARCH

A FRIENDS OF CANCER RESEARCH WHITE PAPE

Supporting a Patient-Centric
Approach to Dose Optimization in
Oncology: The Essential Role of
Patient-Reported Outcomes (PROs)

Friends of Cancer Research Annual Meeting 2022

Patient-Reported Outcomes for Tolerability Assessment in Phase I Cancer Clinical Trials

Ethan Basch, MD X, Christina Yap, PhD

*JNCI: Journal of the National Cancer Institute*, Volume 113, Issue 8, August 2021, Pages 943–944, https://doi.org/10.1093/jnci/djab017

### Conduct, Analysis and Reporting (All Designs)

#### RESEARCH METHODS AND REPORTING

BMJ 2022

Early phase clinical trials extension to guidelines for the content of statistical analysis plans

Victoria Homer, <sup>1</sup> Christina Yap, <sup>2</sup> Simon Bond, <sup>3</sup> Jane Holmes, <sup>4</sup> Deborah Stocken, <sup>5</sup> Katrina Walker, <sup>5</sup> Emily J Robinson, <sup>6</sup> Graham Wheeler, <sup>7</sup> Sarah Brown, <sup>5</sup> Samantha Hinsley, <sup>8</sup> Matthew Schipper, <sup>9</sup> Christopher J Weir, <sup>10</sup> Khadija Rantell, <sup>11</sup> Thomas Prior, <sup>12</sup> Ly-Mee Yu, <sup>13</sup> John Kirkpatrick, <sup>14</sup> Alun Bedding, <sup>14</sup> Carrol Gamble, <sup>15</sup> Piers Gaunt<sup>1</sup>

Trial Protocol

Trial Analysis

Trial Reporting

Parallel Group Randomised Trials **SPIRIT 2013** 

(Standard Protocol Items: Recommendations for Interventional Trials) **CONSORT 2010** 

(Consolidated Standards of Reporting Trials)

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Trial Protocol

Trial Analysis

Trial Reporting

Guidance for Dosefinding Trials ?



### Quality of Dose-finding Clinical Trial Protocols

Randomised selection of 106 protocols from 2017-2023 registered on ClinicalTrials.gov

Definition of doseescalation analysis population (34%)

#### eClinicalMedicine

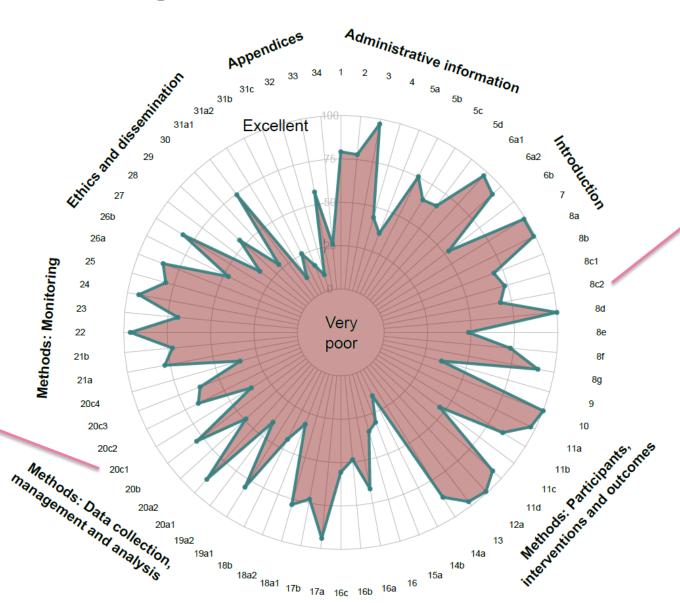
Part of THE LANCET Discovery Science

olume 60, June 2023, 102020

Articles

Assessing the reporting quality of early phase dose-finding trial protocols: a methodological review

Guillermo Villacampa ³, Dhrusti Patel ³, Haiyan Zheng b, Jessica McAleese ³, Jan Rekowski ³, Olga Solovyeva ³, Zhulin Yin ³, Christina Yap ³ ♀ ⊠

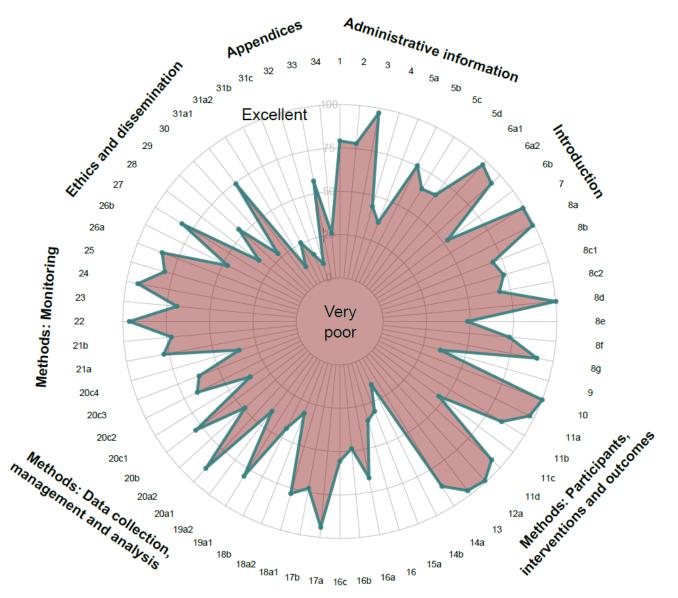


Methods: Assignment of interventions

Rationale for starting dose (69%)

### Quality of Dose-finding Clinical Trial Protocols

Randomised selection of 106 protocols from 2017-2023 registered on ClinicalTrials.gov



Inadequate reporting in trial protocols

and trial reports

#### eClinicalMedicine

Part of THE LANCET Discovery Science

olume 60, June 2023, 102020

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Methods: Assignment of interventions

### Reported Poorly?













Adapted from <a href="https://tinyurl.com/mr46t77k">https://tinyurl.com/mr46t77k</a>

"To allow accurate assessment of early phase trial results, it is crucial they are reported precisely, transparently and in sufficient detail."

nature medicine

Yap et al 2022



Clear need for international consensus-driven guidelines to recommend essential items that should be presented in dose-finding trial protocols and reports, to promote greater clarity, reproducibility, informativeness and utility of results.

#### → DEFINE (Dose-finding Extension) Project

https://www.icr.ac.uk/DEFINEstudy

### Conduct, Analysis and Reporting (All Designs)

International consensus-driven guidance

#### RESEARCH METHODS AND REPORTING

BMJ 2022

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Victoria Homer, <sup>1</sup> Christina Yap, <sup>2</sup> Simon Bond, <sup>3</sup> Jane Holmes, <sup>4</sup> Deborah Stocken, <sup>5</sup> Katrina Walker, <sup>5</sup> Emily J Robinson, <sup>6</sup> Graham Wheeler, <sup>7</sup> Sarah Brown, <sup>5</sup> Samantha Hinsley, <sup>8</sup> Matthew Schipper, <sup>9</sup> Christopher J Weir, <sup>10</sup> Khadija Rantell, <sup>11</sup> Thomas Prior, <sup>12</sup> Ly-Mee Yu, <sup>13</sup> John Kirkpatrick, <sup>14</sup> Alun Bedding, <sup>14</sup> Carrol Gamble, <sup>15</sup> Piers Gaunt<sup>1</sup>

Research article Open Access Published: 05 July 2023

Development of consensus-driven SPIRIT and CONSORT extensions for early phase dose-finding trials: the DEFINE study

Olga Solovyeva, Munyaradzi Dimairo, Christopher J. Weir, Siew Wan Hee, Aude Espinasse, Moreno Ursir Dhrusti Patel, Andrew Kightley, Sarah Hughes, Thomas Jaki, Adrian Mander, Thomas R. Jeffry Evans, Shir Lee, Sally Hopewell, Khadija Rerhou Rantell, An-Wen Chan, Alun Bedding, Richard Stephens, Dawn Richards, Lesley Roberts, John Kirkpatrick, Johann de Bono & Christina Yap <sup>⊠</sup>

MC Medicine 21, Article number: 246 (2023) | Cite this article

Trial Protocol

Trial Analysis

Trial Reporting

# Lay Summary

#### **SPIRIT-DEFINE**

(Standard Protocol Items: Recommendations for Interventional Trials – Dose-finding Extension)

The BMJ, in press

#### **CONSORT-DEFINE**

(Consolidated Standards of Reporting Trials – Dose-finding Extension)

The BMJ, in press



**BMC Medicine 2023** 

### With thanks to the DEFINE guidelines co-authors

Christina Yap, Institute of Cancer Research, UK;

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Christopher J Weir, University of Edinburgh, UK.

Deborah Ashby, Imperial College London, St Mary's Hospital, UK;

And 206 multidisciplinary Delphi survey participants from 24 countries

### Comments

- The opportunities afforded by innovative trial designs are enormous.
- Such designs (including basket, umbrella, platform trials) are infrequently implemented but are expected to increase due to focus on genomic medicine and to do smarter and quicker trials
- Innovative design elements can help ensure that maximum information is obtained from the research effort.
- Undoubtedly, it requires increased resources, specialist expertise,
   planning and coordination, but the gain in efficiencies can last for many years.
- Need for further methodology development and evidence of effective implementation

### Comments (cont..)

# Effective reporting is NOT OPTIONAL – it is a FUNDAMENTAL aspect of conducting high-quality research

"To maximise the benefit to society, you need to not just do research, but do it well".

Doug Altman (1948-2018), statistician, pioneer, luminary.

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- Patients and Family





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