

Cross-Border Access to Clinical Trials in the EU: Results from an Exploratory Study

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Disclaimer

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CDDF
MULTI-STAKEHOLDER
WORKSHOP

Patient Access and Engagement in
Oncology Drug Development

19 - 20 September 2022

Study objectives

Analyse the current situation of cross-border access to clinical trials in the EU:



- Provide an **overview of stakeholders' real-life experience**
- Identify the needs, challenges and potential for facilitation** of cross-border access

Methodology & Data collection

Literature review



Survey



Interviews



Literature review



No specific EU legislation

Directive 2011/24/EU
(so called *Cross-border healthcare directive*)

Clinical trials
NOT in SCOPE

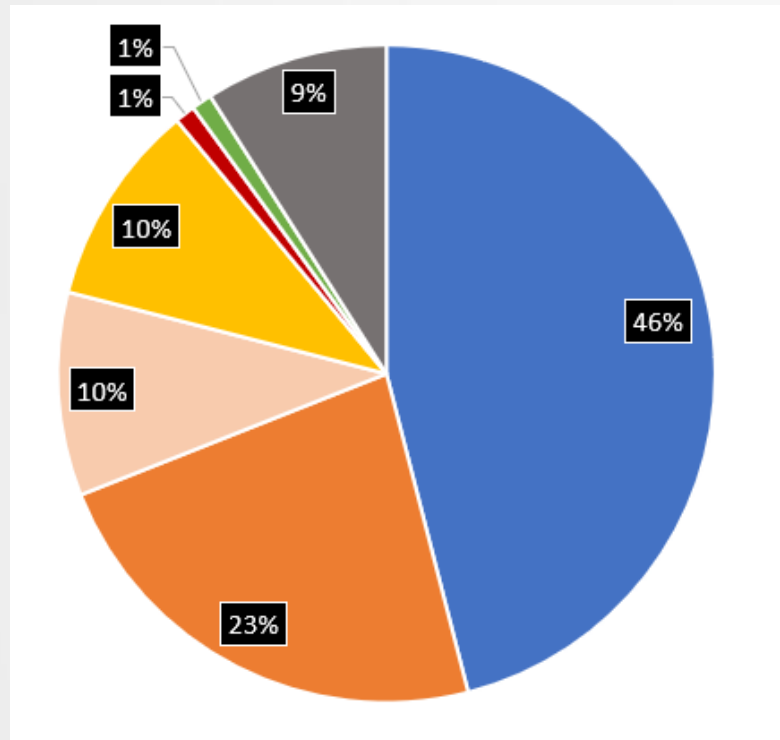
Established the launch of the European Reference Networks (ERNs) system & National Contact Points



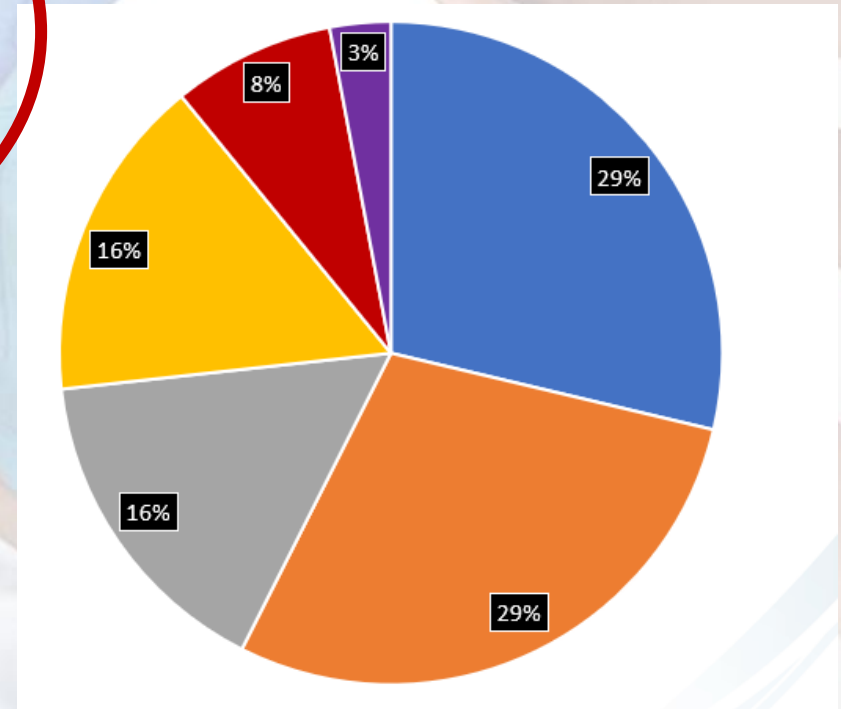
Study results

Demographics: Stakeholder representation

Survey n=396



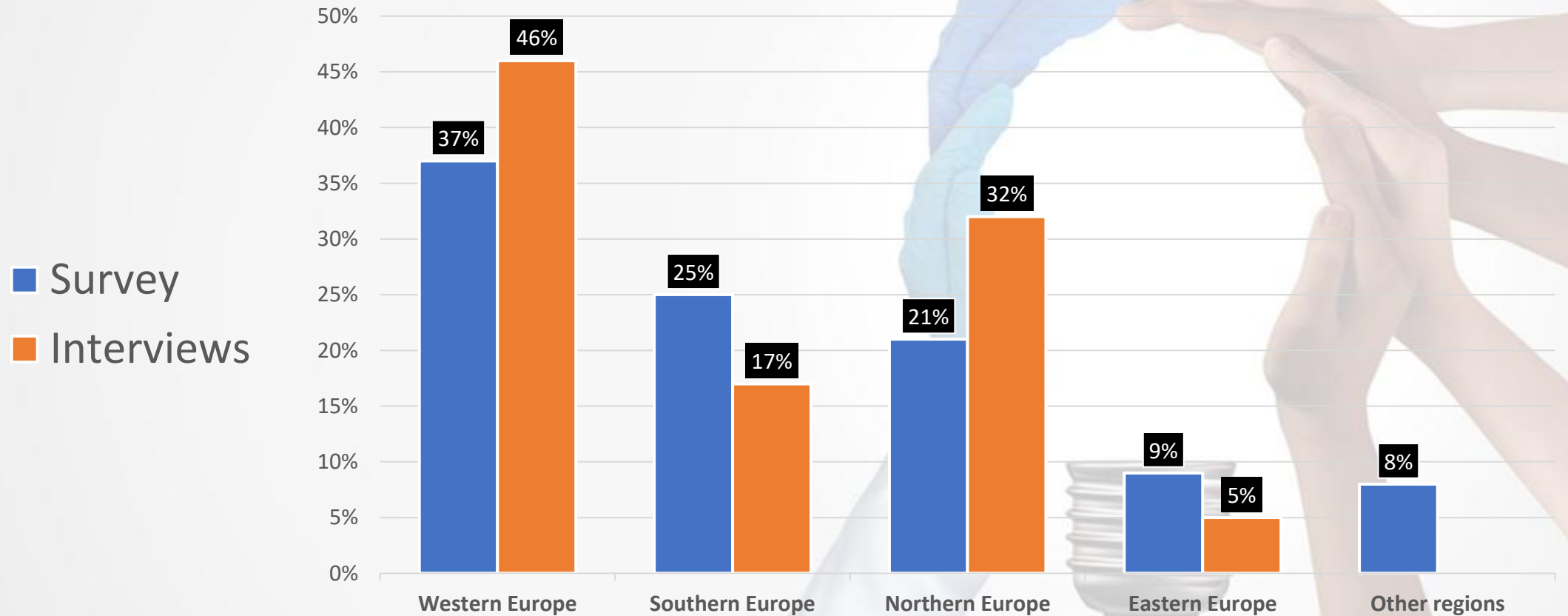
Interviews n=38



- Investigators
- Patient organisations representatives
- Individual patients/carers
- Sponsors (commercial & academic)
- Ethics committees
- Regulators
- Policy experts
- National contact points
- Others

Study results

Demographics: Country representation



Study results: Highlights

Topics explored

- Experience with cross-border access to clinical trials
- Frequency, increase, or decrease in cross-border access to clinical trials
- Motivations
- European countries attractive for patients to seek participation
- European countries of origin of patients seeking participation
- Challenges to participate
- Responsibility for logistics & cost coverage
- Cross-border access: needed or not?
- Limitations?
- Facilitation of cross-border access: existing initiatives & proposals for the future

Interviews

- ❖ “close to zero”
- ❖ “maybe three, four, five patients...”
- ❖ “less than 1%”

BUT ALSO:

“Once somebody realises that there is a freedom of movement, there’s very little that can keep them back. (...) you cannot put the spirit back into the bottle. People will move, and especially if their life and if their health depends on it. “

(Patient representative)

Interviews

Access to treatment, *understood as:*

- **Rare diseases:** if no treatment existed before
- When **all available lines of therapy** have been **exhausted**
- When the **treatment is not reimbursed** by the healthcare system in the patient's home country
- When the study uses **specific technology that is not yet available** in patient's home country

Challenges

Costs coverage

Language barrier

Lack of information

Procedural challenges

Travel distance

Vulnerability

Cultural barriers



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Challenges

Lack of information: 3 key aspects

Information **about ongoing trials**
(eligibility criteria, sites, appropriate system for patient referral...)

Information **about the value of clinical research** in general

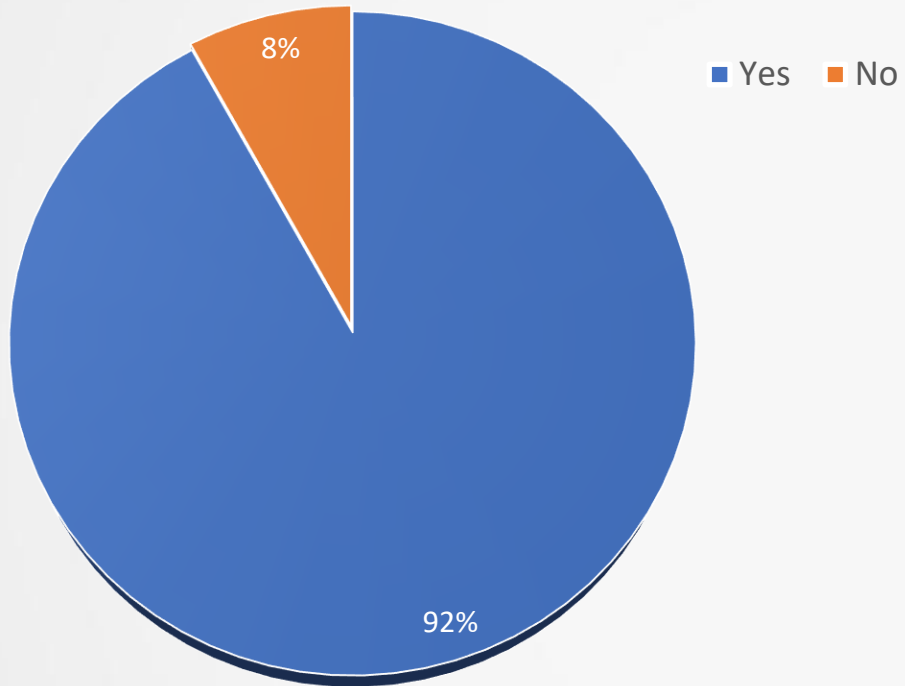
Information **about best practices**
when joining a clinical trial abroad
(legislation, regulation...)



Existing initiatives

- Nordic Network for Early Cancer Trials (Nordic NECT)
- Bi-lateral agreements for collaboration of university hospitals
- Multidisciplinary national tumour boards/expert panels (Denmark, Norway)
- A joint Nordic electronic information portal on ethics committee approvals (*in progress*)

Do we need cross-border access?



⇒ There is a **strong need to improve the system**

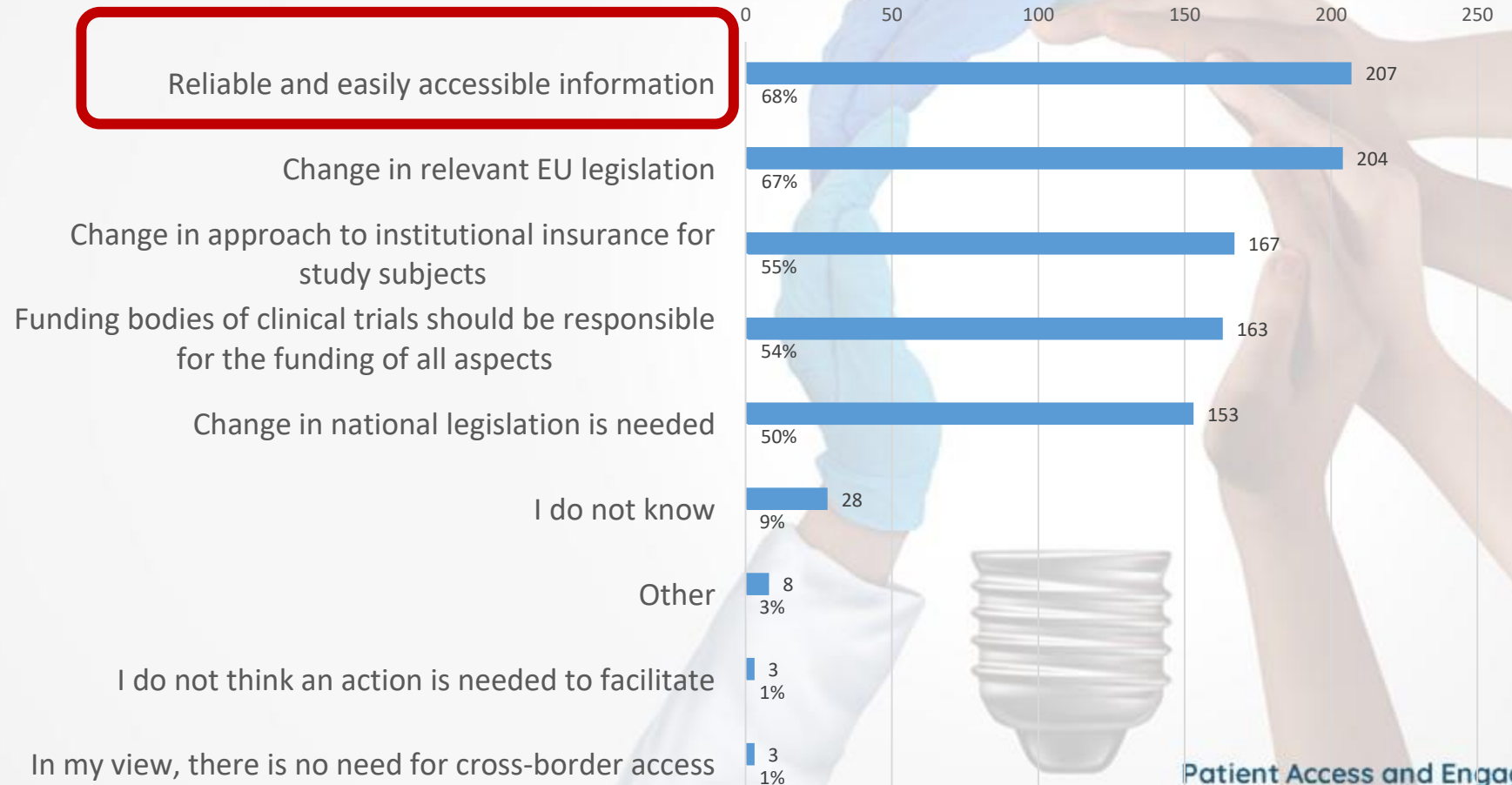
However:

We also need to keep the broader view in mind:

- Cross-border access is **only a part of the solution**
- There is also a need to bring clinical trials closer to the patient = need for simplification of the EU clinical trials framework

Proposals for future actions? (1)

Survey



Proposals for future actions (2)

Directly addressing
CB access

Interviews

Indirectly addressing
CB access

- Multi-stakeholder guidelines
- Optimising how information is disseminated
- Bi-lateral agreements
- Stronger role for the ERNs
- Amending the Cross-border healthcare directive

- Remote/decentralised clinical trials
- Harmonisation of the EU clinical trials framework
- Common ethics approval framework in the EU

What is next?

Multi-stakeholder, multi-national discussions



Guidelines



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Research team



- Dr. Ingrid Klingmann, Chairman EFGCP, Project Lead
- Members of different EFGCP Working Parties

KU LEUVEN

- Teodora Lalova, PhD researcher (FWO fellow), KU Leuven & EORTC
- Prof. Dr. Isabelle Huys, Department of Pharmaceutical and Pharmacological Sciences
- Dr. Steffen Fieuws, Leuven Biostatistics and Statistical Bioinformatics Centre



- Dr. Denis Lacombe, Director General
- Anastassia Negrouk



- Jan Geissler, CEO

- **ADVISORY COMMITTEE:** 6 representatives from patient organisations, investigators, sponsors, ethics committees



- **EFPIA Oncology Platform:** supported this study with an unrestricted grant

Thank you!

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Cross-Border Access to Clinical Trials in the EU: Exploratory Study on Needs and Reality

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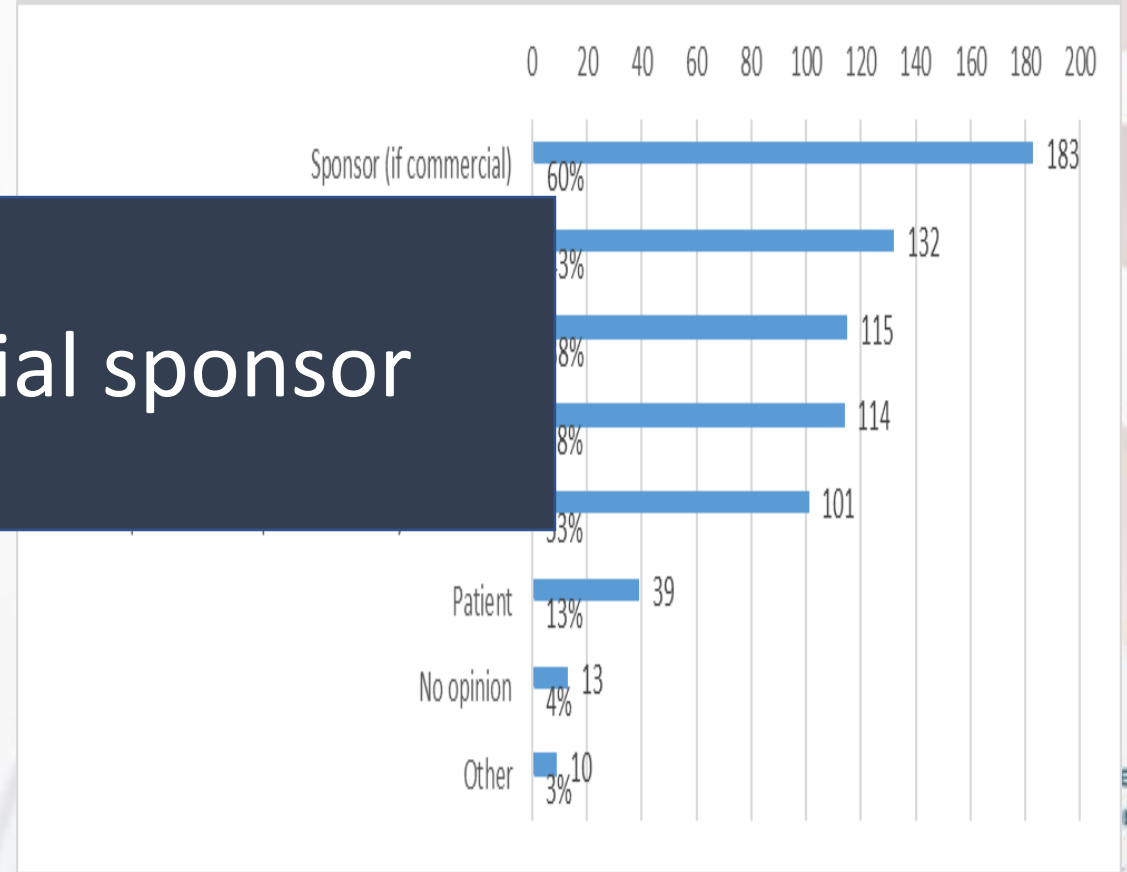
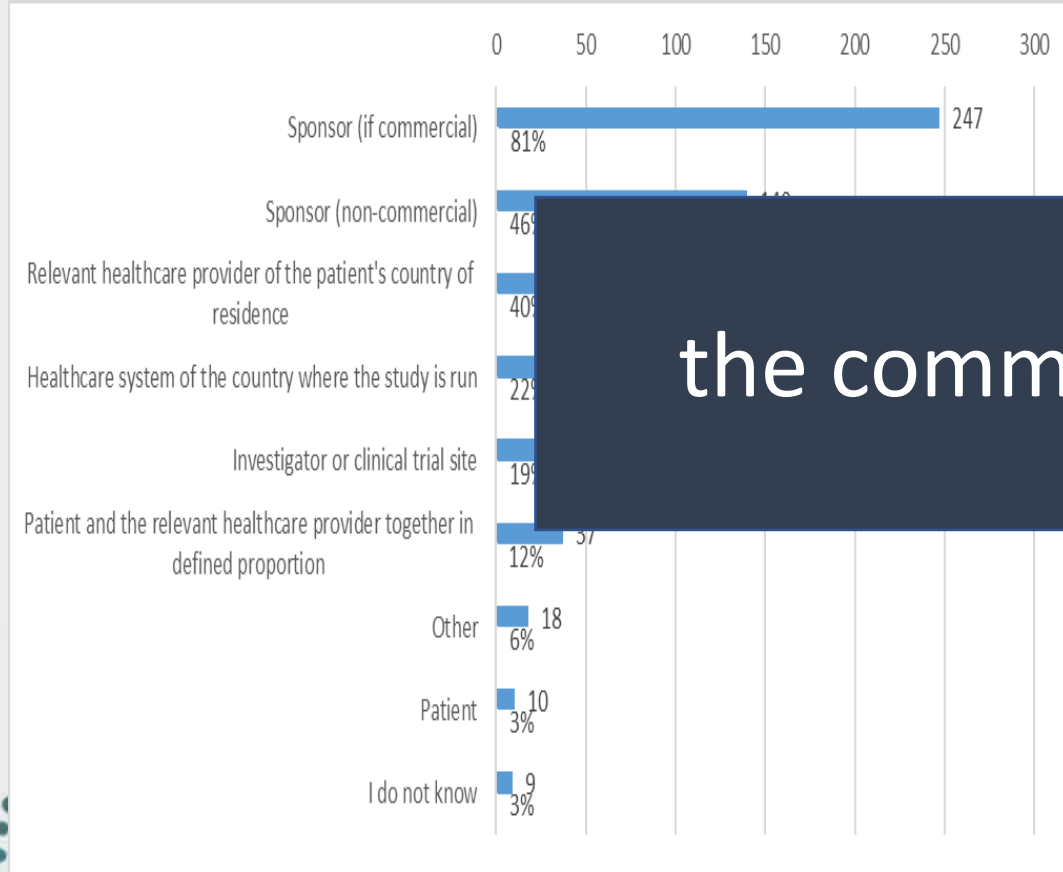
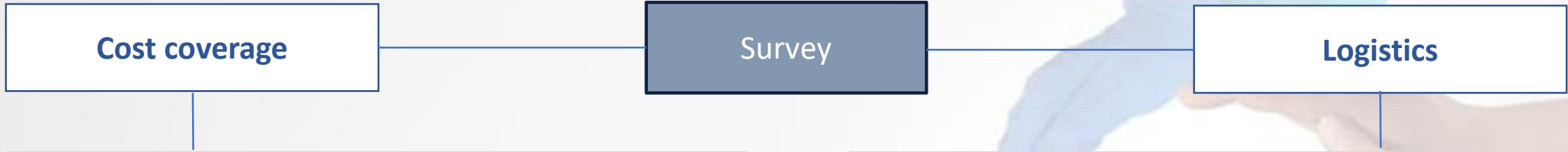
[Find it here](#)



Or

<https://www.frontiersin.org/articles/10.3389/fmed.2020.585722/full>

Responsibility (1)



the commercial sponsor

Responsibility (2)

