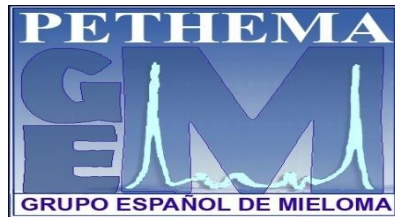


# MRD concepts, methodology and application



Universidad  
de Navarra

CIMA LAB  
DIAGNOSTICS



**Bruno Paiva**

Hematology and Immunology Departments. Clinica Universidad de Navarra

Flow Cytometry Core - CIMA LAB Diagnostics

Universidad de Navarra

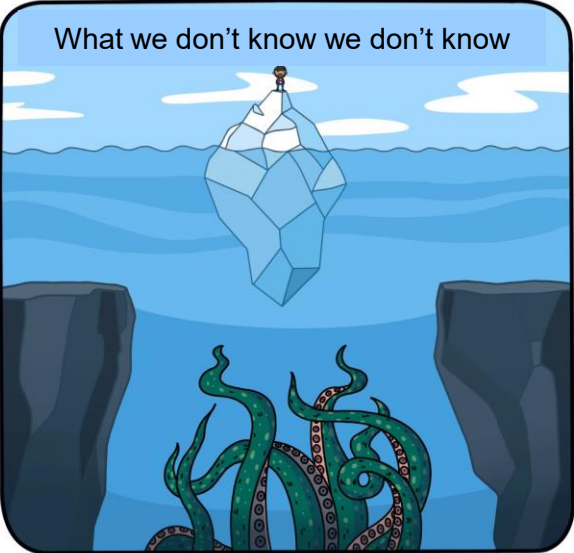
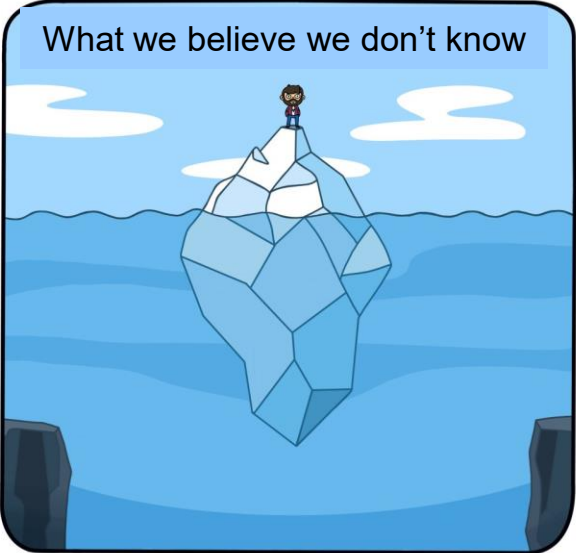
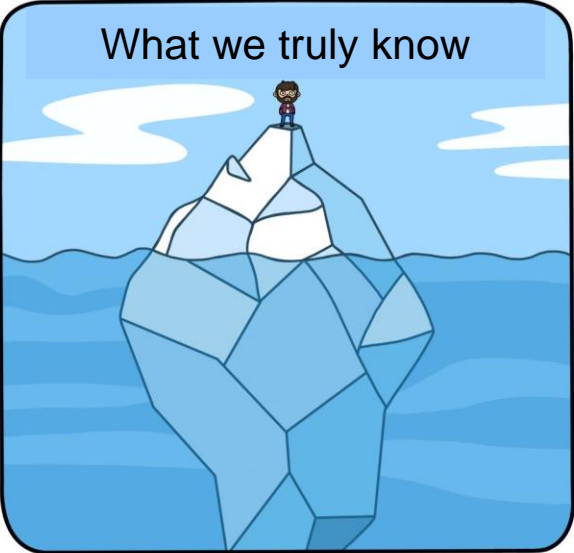
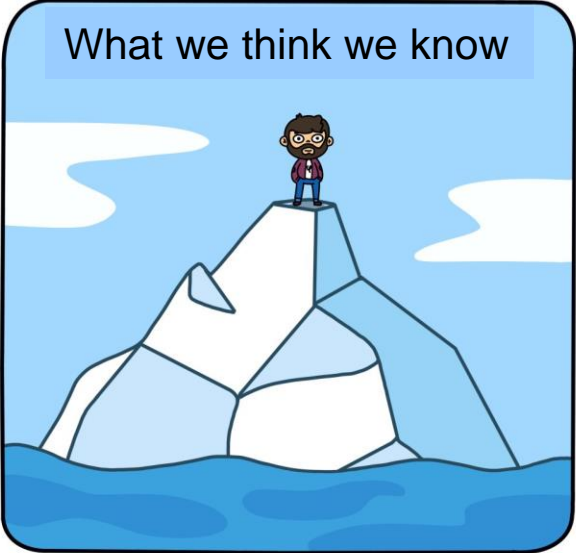
Spanish Myeloma Group (GEM)

EuroFlow Consortium

# Disclosures

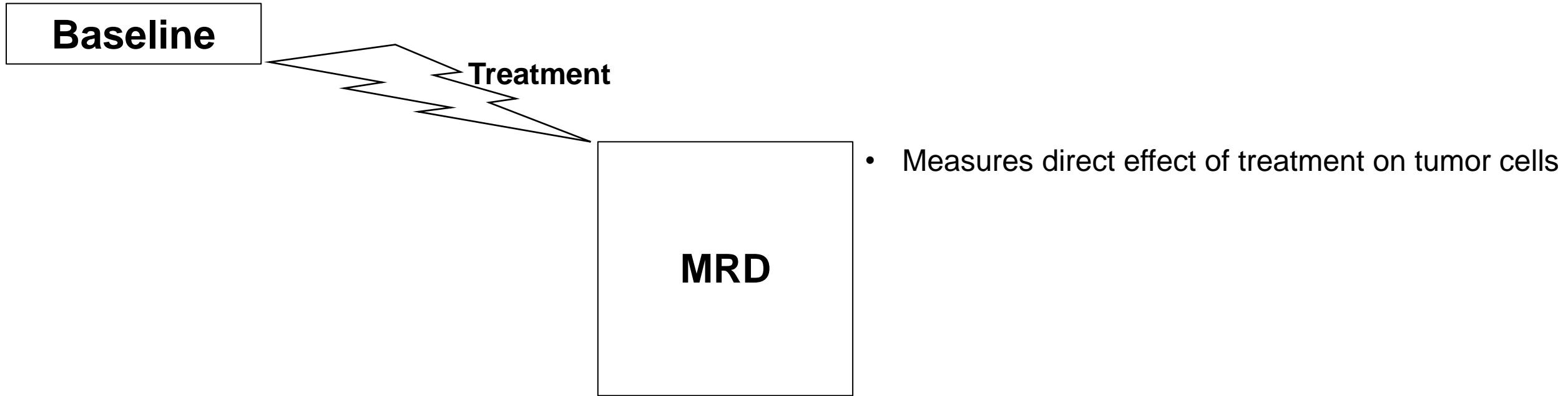
<b>Company</b>	<b>Relationship</b>
Adaptive	Honoraria
Amgen	Honoraria
Becton Dickinson	Honoraria
BMS-Celgene	Consultant, Honoraria, Research Grant, Scientific Advisory Board
GSK	Honoraria, Research Grant, Scientific Advisory Board
Janssen	Consultant, Honoraria, Scientific Advisory Board
Roche	Research Grant
Sanofi	Consultant, Honoraria, Research Grant, Scientific Advisory Board
Takeda	Consultant

# My true disclosure about the role of MRD



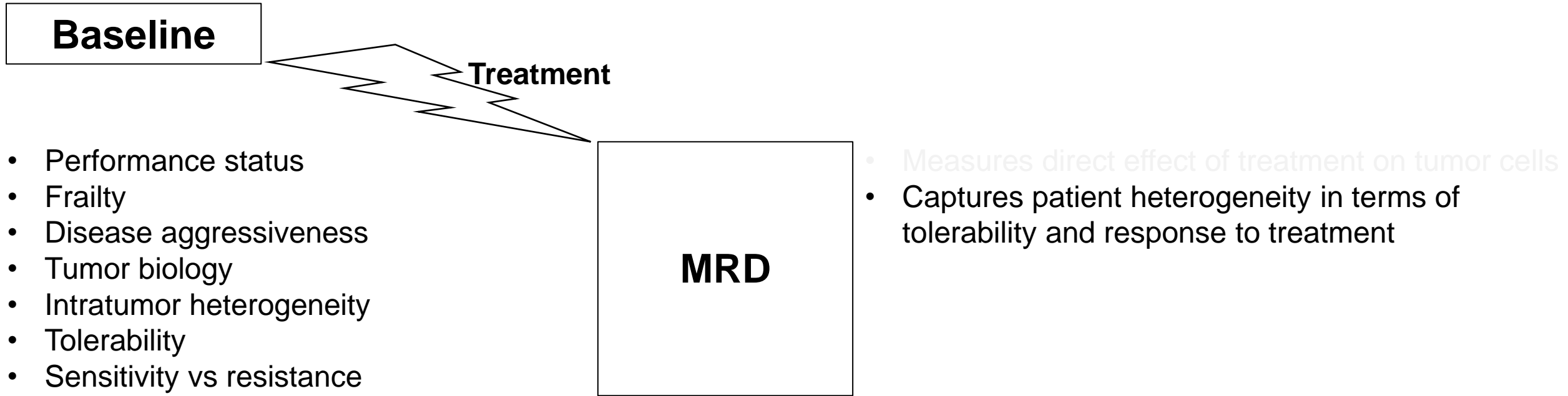
# Established role of MRD as prognostic marker

Intensive research efforts in the last decades



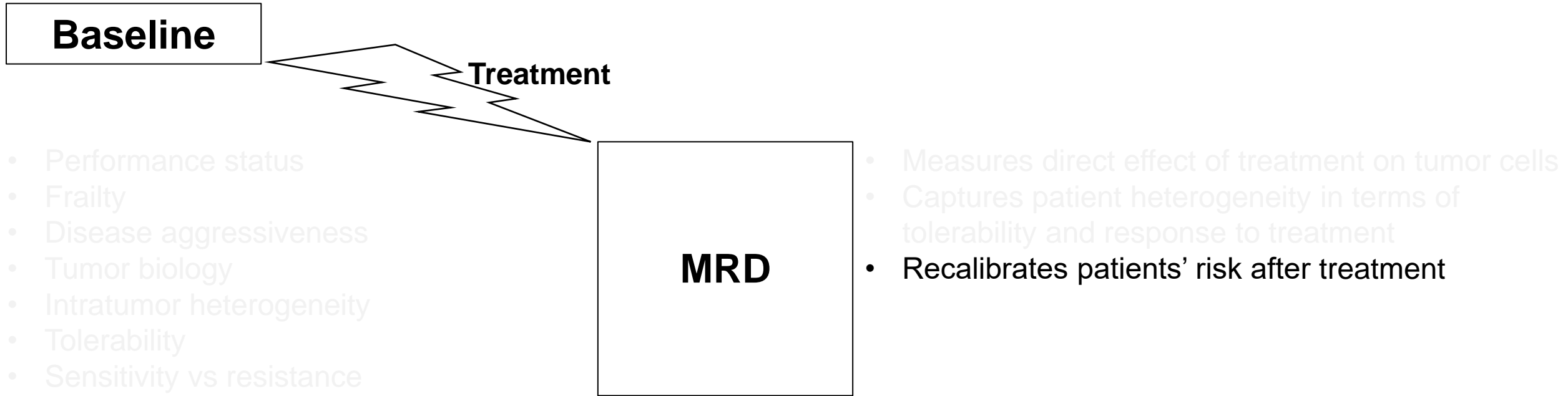
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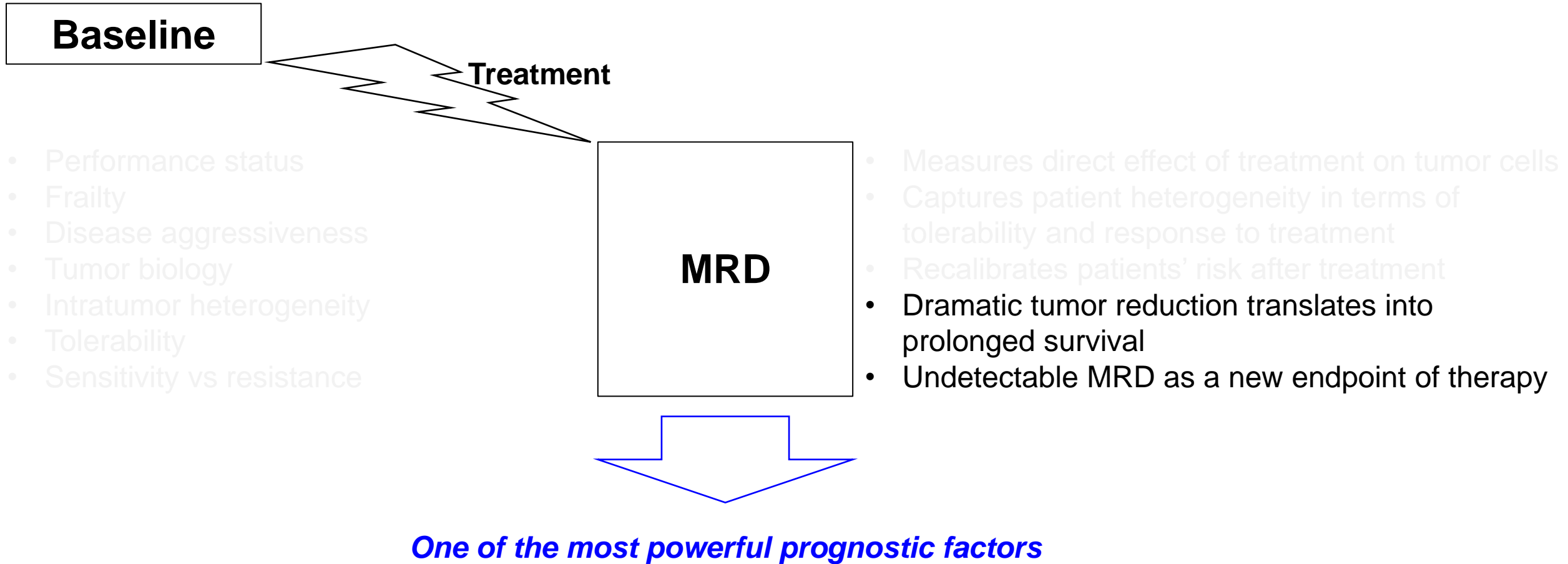
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# Established role of MRD as prognostic marker

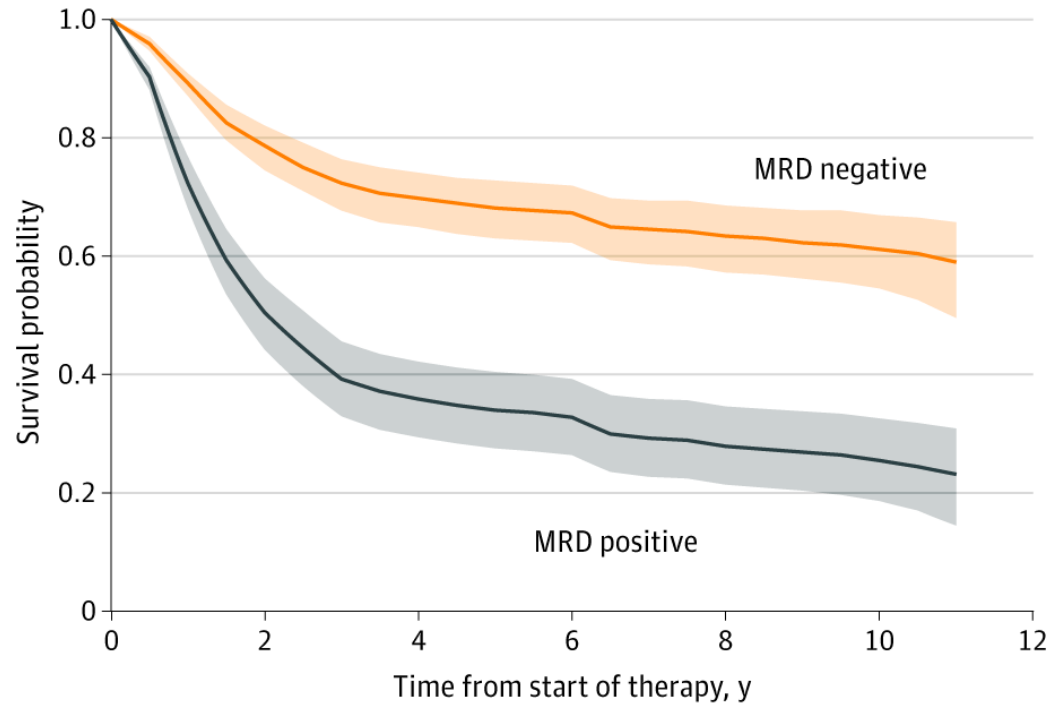
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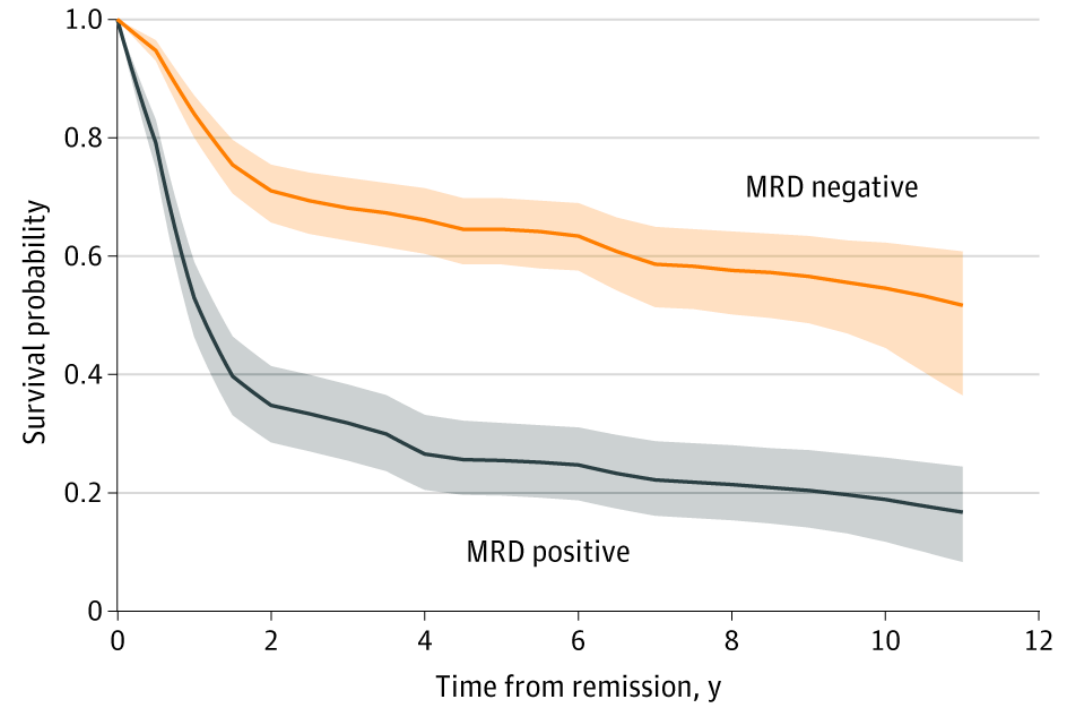
# Association of MRD with survival outcomes in AML

## A Systematic Review and Meta-analysis in 11,151 patients

**A** Overall survival



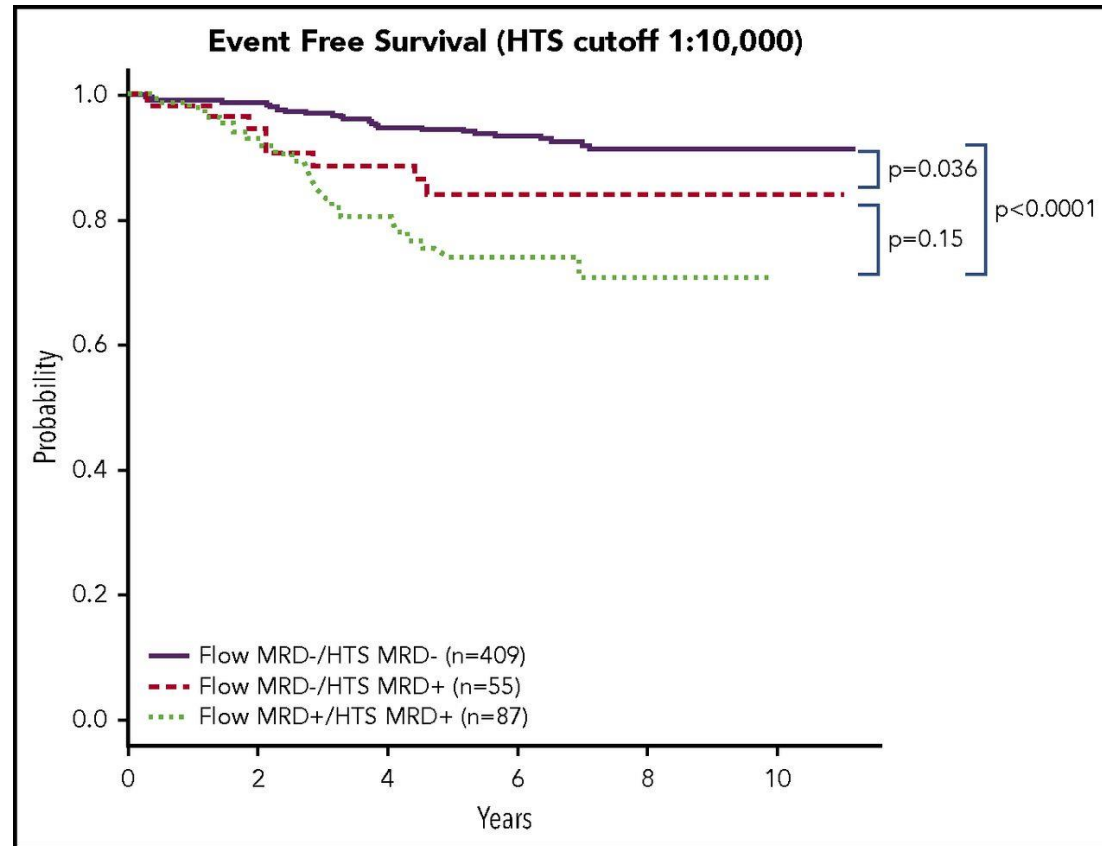
**B** Disease-free survival





# Sensitivity matters

## MRD with NGS vs MFC in pediatric BCP-ALL



# MRD assessment in hematological malignancies

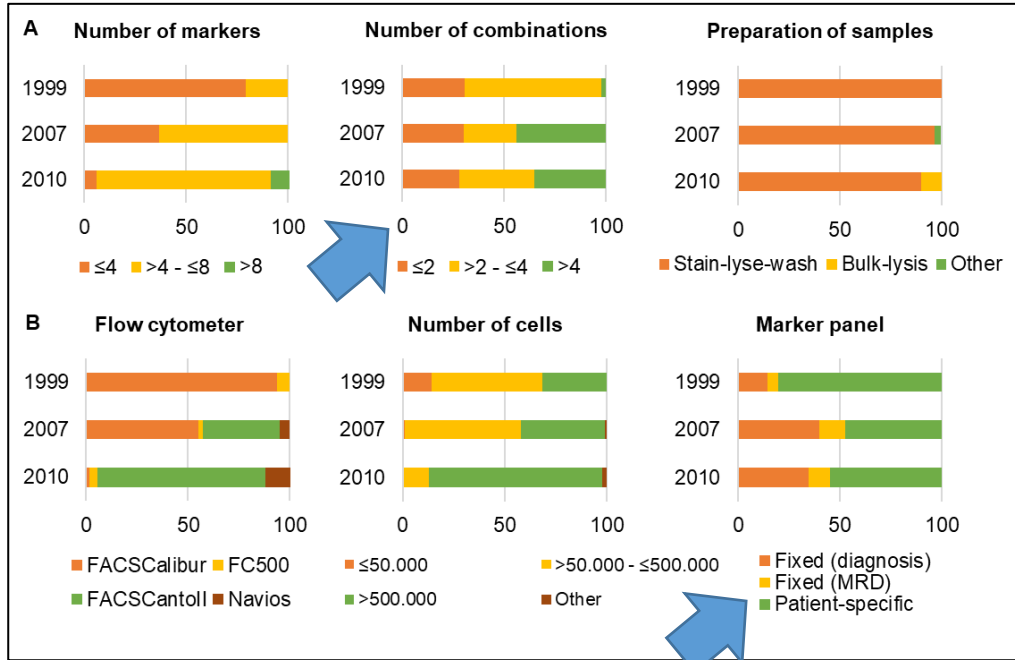
## Remains controversial

- Dramatic improvement in treatment efficacy only took place in the last decade for some diseases (no need for MRD if CR rates are low)
- False-expectation about the concept of MRD (it may be the pathway to, but negative MRD does not mean cure)
- Lack of standardization in the field of MRD (suboptimal results)

# Heterogeneity of decentralized MRD using MFC in AML

Absence of harmonization nor standardization at the national level

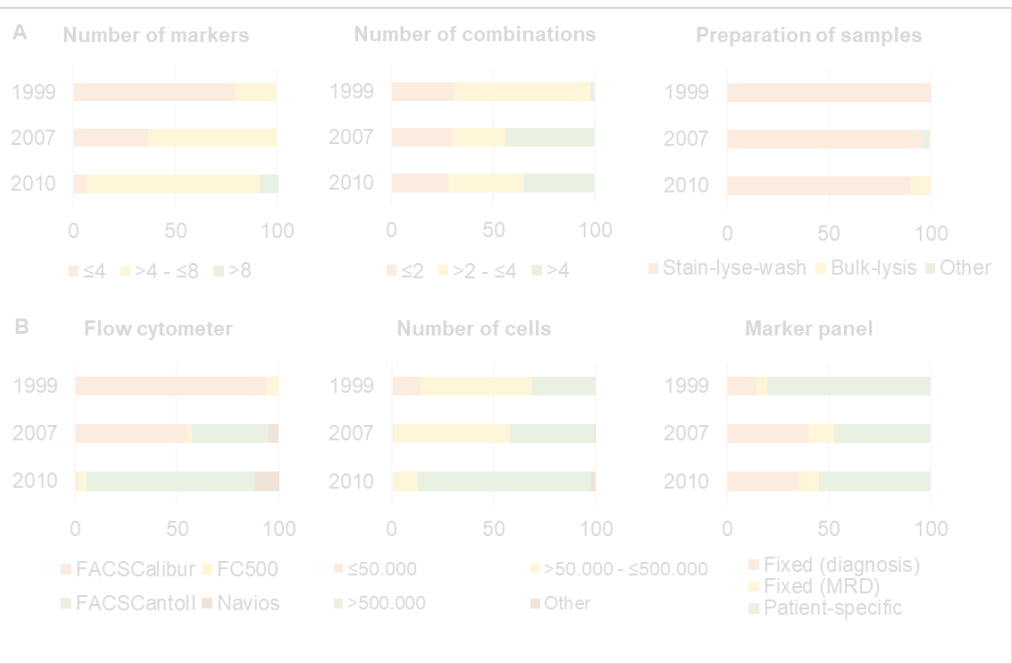
## Methodology



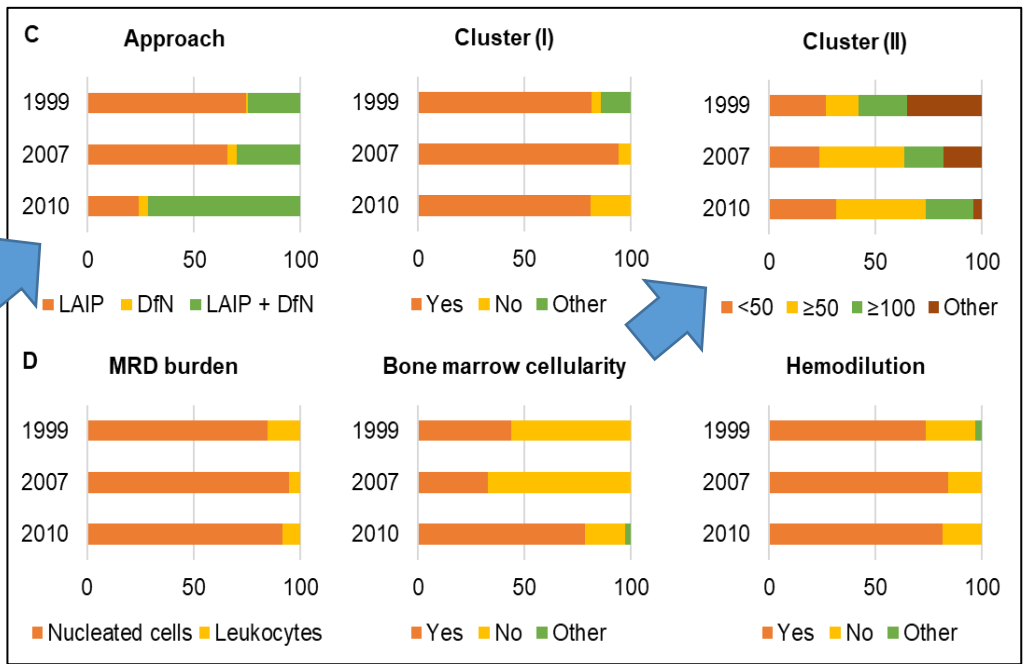
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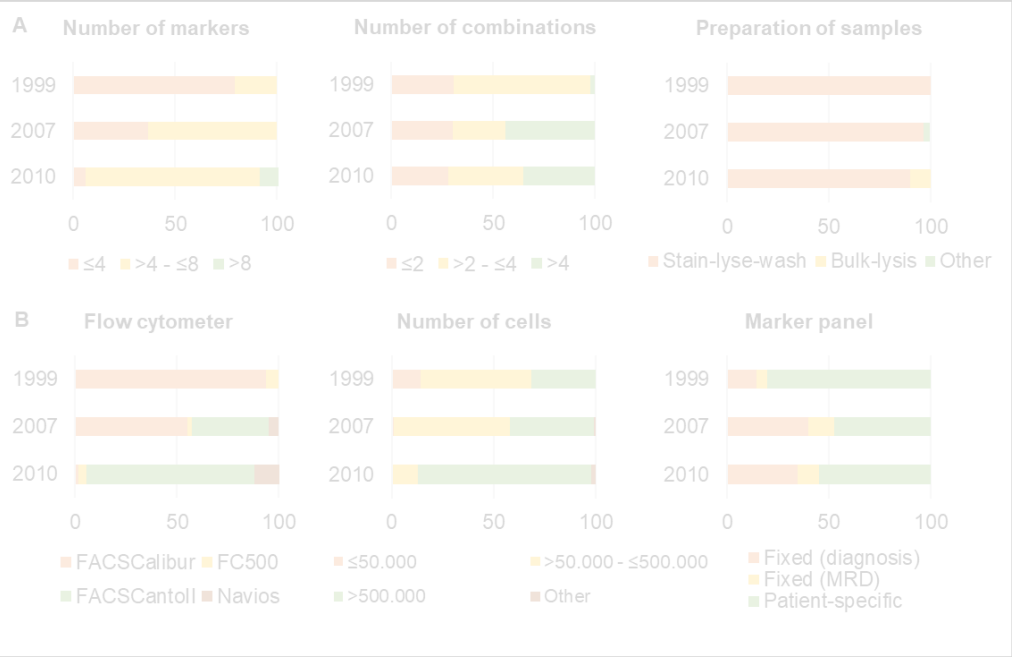
## Interpretation



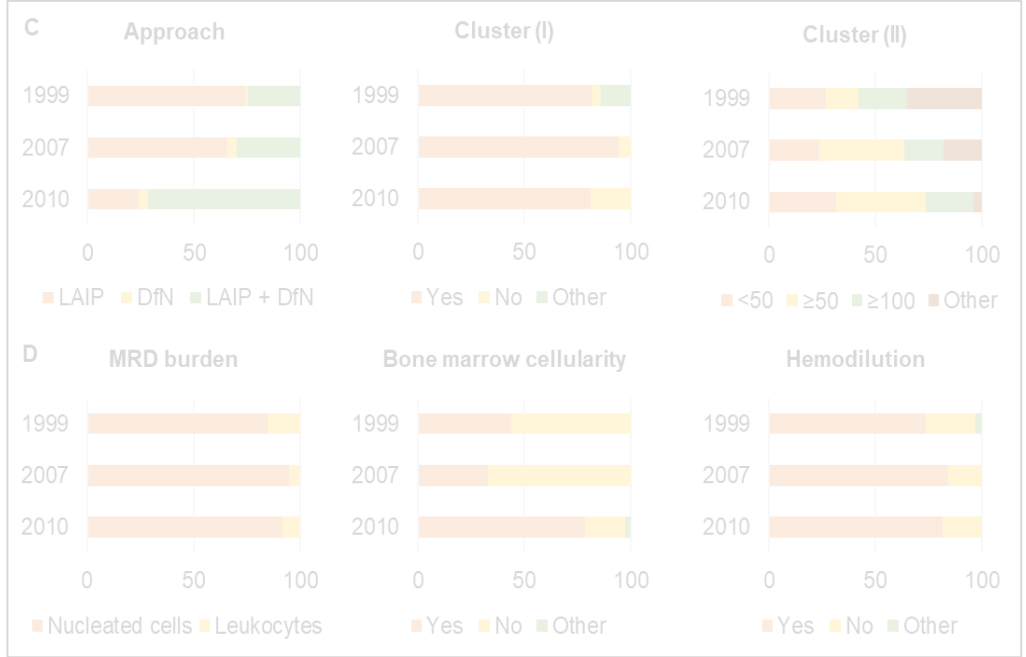
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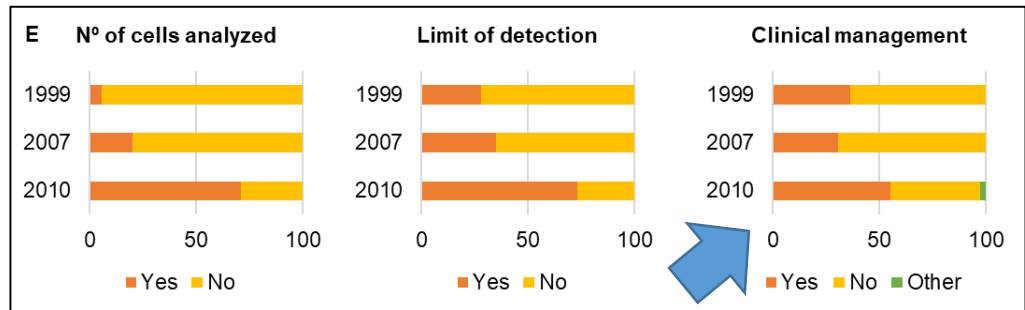
### Methodology



### Interpretation



### Reporting



# Heterogeneity in virtually all aspects of MFC based MRD testing impacted in its ability to discriminate patients with different outcome

Question	Answer	No. of patients	Reduced risk of CIR	HR (95% CI)	P value	P value for interaction
No. of combinations	≤2	265		0.9 (0.6 – 1.3)	.590	.002
	>2 - ≤4	375		0.7 (0.5 – 0.9)	.008	
	>4	326		0.6 (0.4 – 0.9)	.007	
No. of cells measured	≤50.000	26		NA	NA	.016
	>50.000 - ≤500.000	327		0.8 (0.6 – 1.1)	.210	
	>500.000	600		0.7 (0.5 – 0.9)	.002	
	Other	13		NA	NA	
Approach	LAIP	424		0.8 (0.6 – 1.0)	.099	.109
	DfN	50		0.3 (0.1 – 0.7)	.010	
	LAIP + DfN	492		0.7 (0.5 – 0.9)	.016	
MRD burden	Nucleated cells	886		0.7 (0.6 – 0.9)	.006	.001
	Leukocytes (CD45 <sup>+</sup> )	80		0.5 (0.3 – 1.0)	.063	
Overall	-	966		0.7 (0.6 – 0.9)	<.001	

# MRD assessment across some hematological malignancies

Application depending on clinical need and methodological robustness

	ALL	AML	CML	CLL	MM
Complexity	Intermediate	High	Low	Intermediate	Intermediate
Standardization	High	Low	High	Low	Intermediate
Clinical trials	Yes	Yes	Yes	Yes	Yes
Routine practice	Yes	Yes	Yes	Infrequent	Intermediate
Treatment decisions	Yes	Yes	Yes	Infrequent	Infrequent

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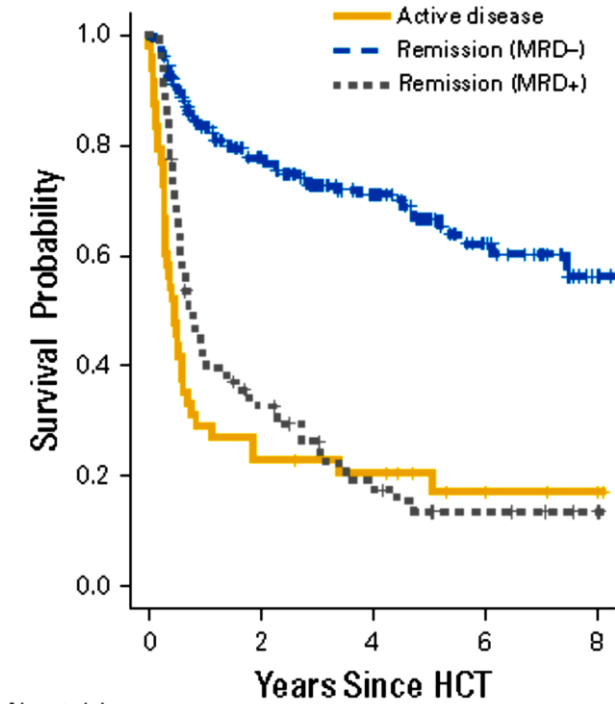
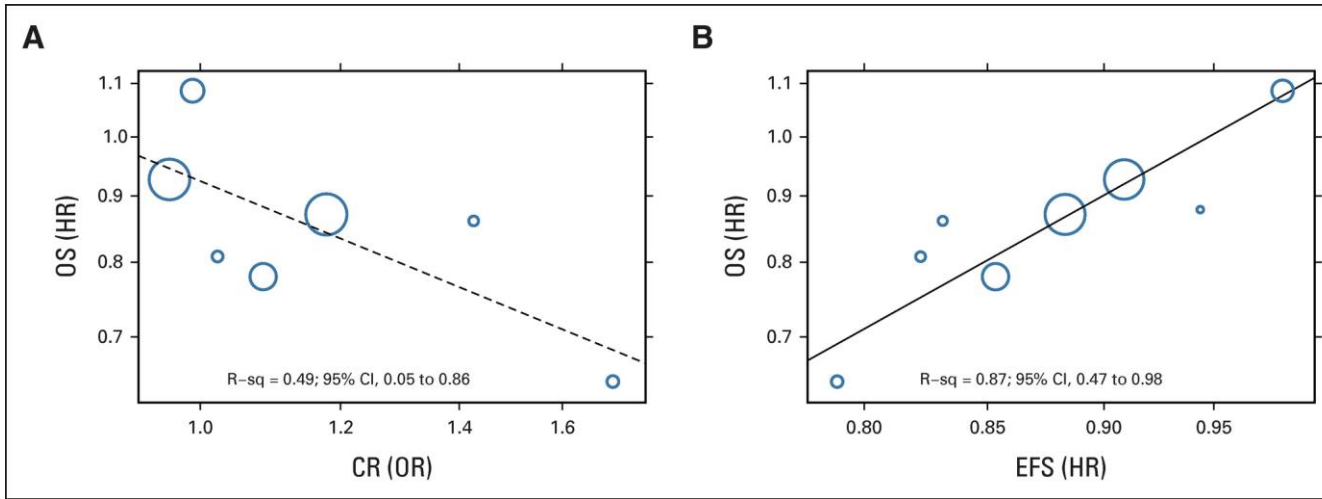


Evolving treatment landscapes

***MRD and surrogacy***

# Association of treatment effects on OS, CR and EFS in AML<sup>1</sup>

CR but persistent MRD = NO CR<sup>2</sup>

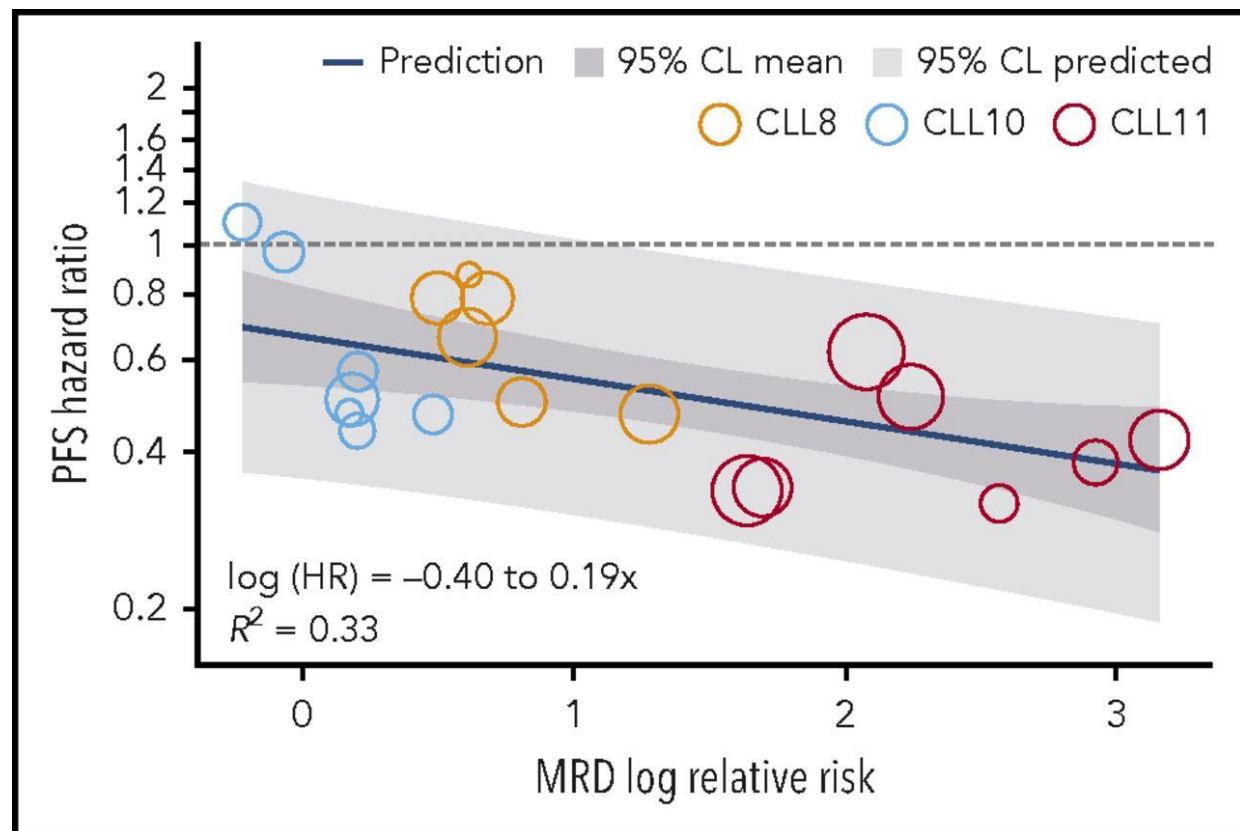


	No. at risk				
	0	2	4	6	8
Active disease	48	11	9	4	2
Remission (MRD-)	235	136	80	34	8
Remission (MRD+)	76	22	11	5	2

1. Nowsorthy KJ, et al. J Clin Oncol. 2022;40(8):847-854.  
 2. Araki D, et al. J Clin Oncol 2015;34:329-336.

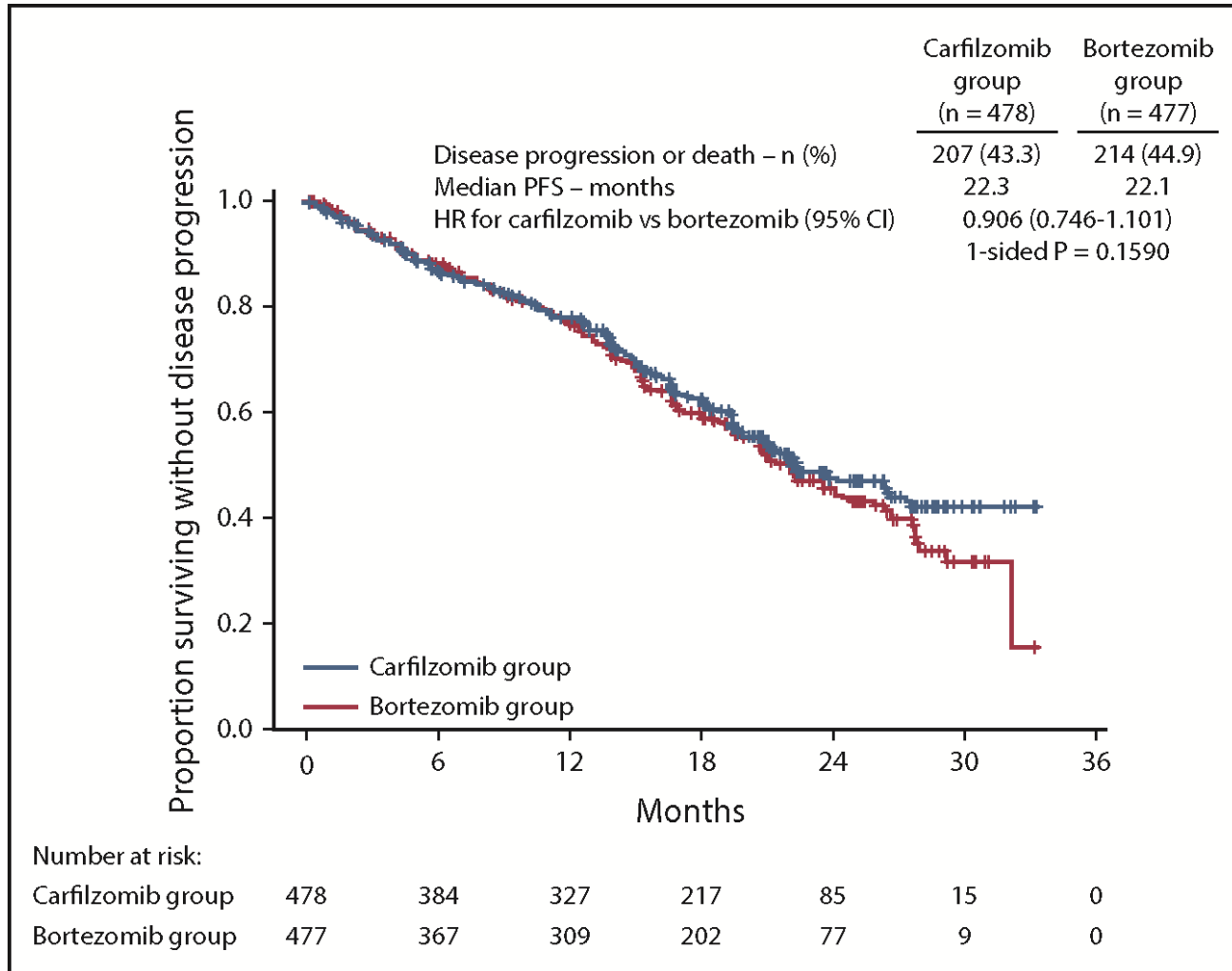
# Predicting treatment effect on PFS using MRD surrogate end point

The example of CLL (chemoimmunotherapy)



# MRD rates using NGF in the CLARION trial

15.7% KMP vs 15.5% VMP



# MRD rates in the investigational vs control arm

Dara effect in Maia, Alcyone, Pollux and Castor (~5-fold difference)

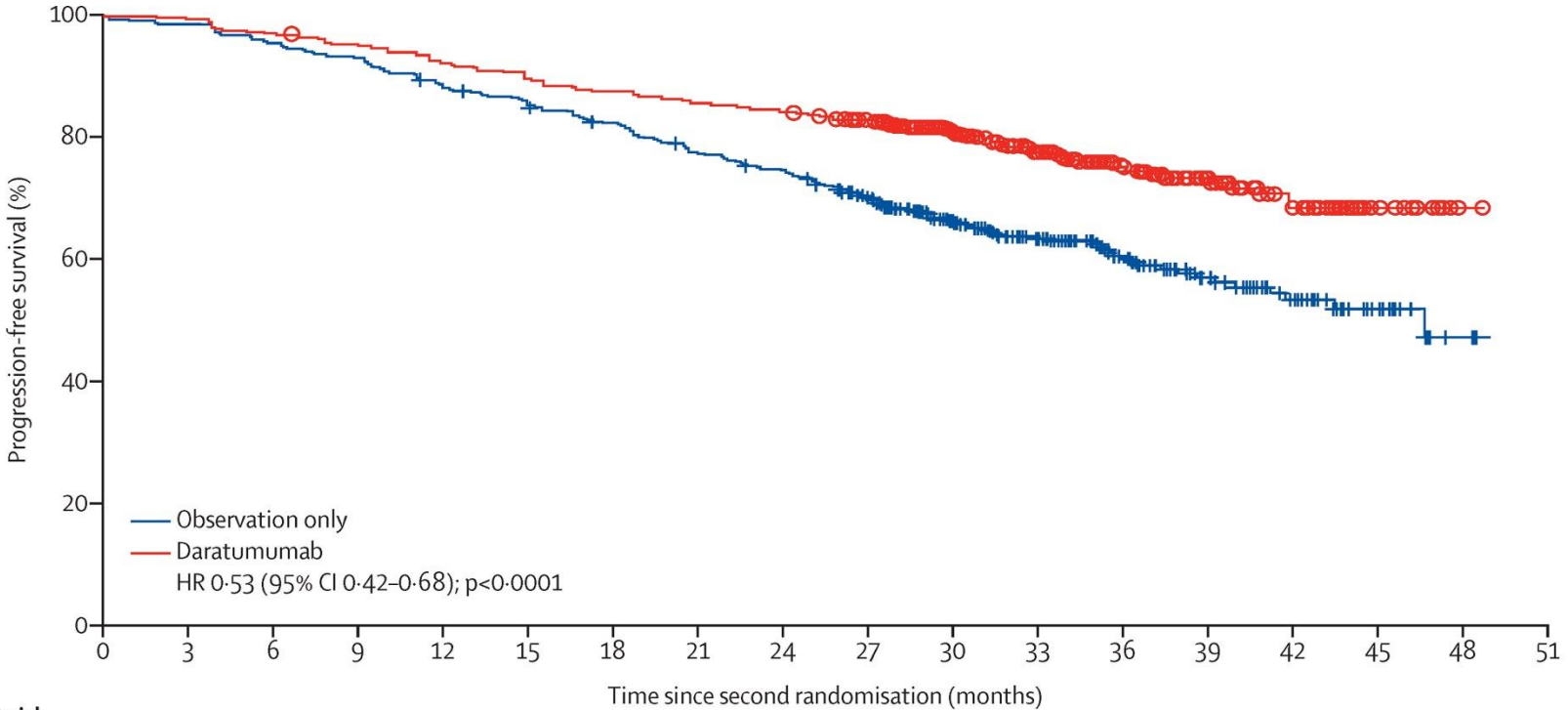
	ALCYONE			MAIA		
MRD negativity ( $10^{-5}$ )	D-VMP	VMP	<i>P</i> value	D-Rd	Rd	<i>P</i> value
ITT	28%	7%	<.0001	29%	9%	<.0001
≥CR	59%	28%	<.0001	58%	34%	.0001

	POLLUX			CASTOR		
MRD negativity ( $10^{-5}$ )	D-Rd	Rd	<i>P</i> value	D-Vd	Vd	<i>P</i> value
ITT	32.5%	7%	<.0001	15%	2%	<.0001
≥CR	57%	29%	.0001	53%	17%	.0035

# MRD rates using NGF in the CASSIOPEIA trial

64% D-VTd vs 44% VTd (CR rates, 39% vs 26%)



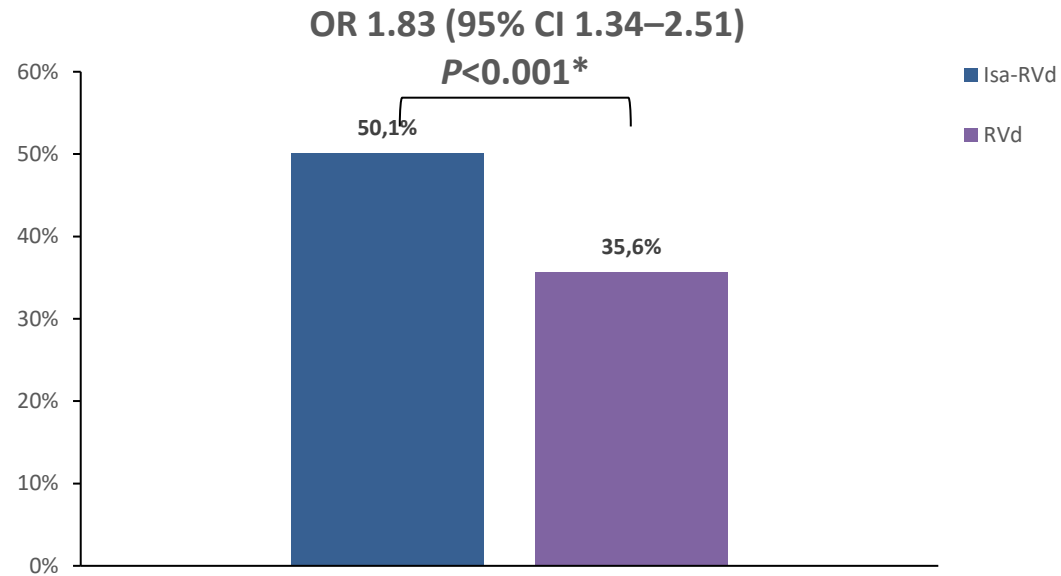
	0	3	6	9	12	15	18	21	24	27	30	33	36	39	42	45	48	51
<b>Number at risk</b>	444	438	424	413	392	377	362	339	326	294	227	178	118	76	53	21	3	0
<b>(number censored)</b>	(0)	(0)	(0)	(0)	(1)	(2)	(4)	(5)	(6)	(20)	(71)	(112)	(164)	(201)	(220)	(251)	(268)	(271)
Daratumumab	442	439	429	420	406	396	386	377	372	354	283	215	155	102	64	25	1	0
	(0)	(0)	(0)	(1)	(1)	(1)	(1)	(1)	(1)	(12)	(76)	(133)	(188)	(237)	(270)	(309)	(333)	(334)





# First primary endpoint, end of induction MRD negativity by NGF ( $10^{-5}$ ), was met in ITT analysis

Patients with MRD negativity at the end of induction therapy



Low number of not assessable/missing<sup>†</sup> MRD status: Isa-RVd (10.6%) and RVd (15.2%)

**CR rates were 24.2% vs 21.6% ( $P=0.46$ )**

\* $P$  value derived from stratified conditional logistic regression analysis

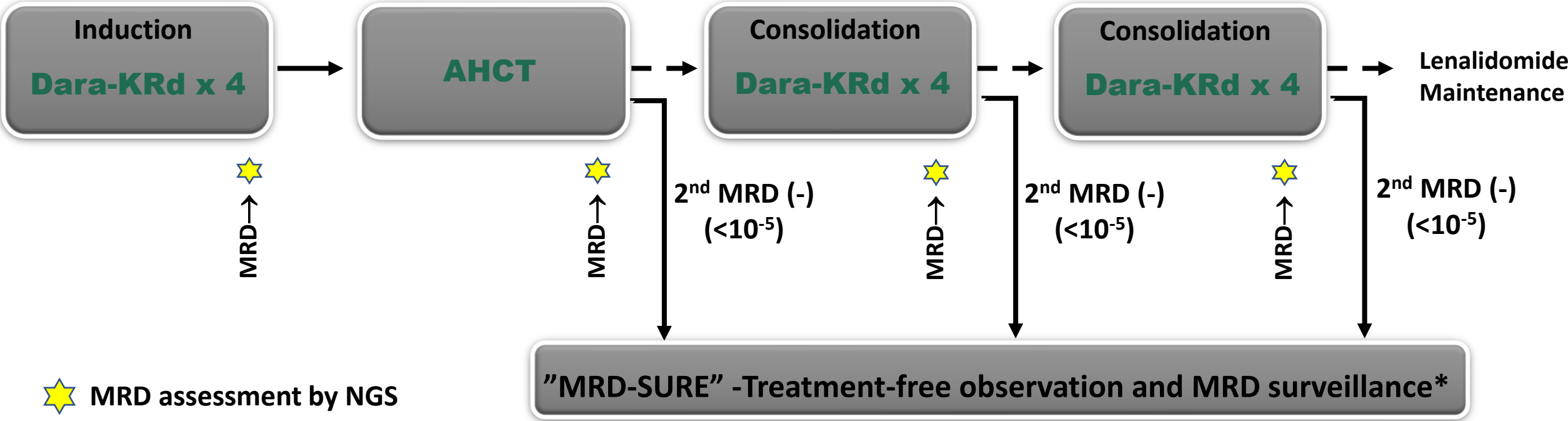
<sup>†</sup>Missing NGF-MRD values were due to either patients' loss to follow-up during induction therapy or to missing bone marrow samples or technical failures in measurement counted as non-responders, i.e. NGF-MRD positive

CI, confidence interval; d, dexamethasone; Isa, isatuximab; ITT, intent-to-treat; MRD, minimal residual disease; NGF, next-generation flow; OR, odds ratio; R, lenalidomide; V, bortezomib

***Learning in clinical trials how (or not) to use MRD***

# MASTER trial

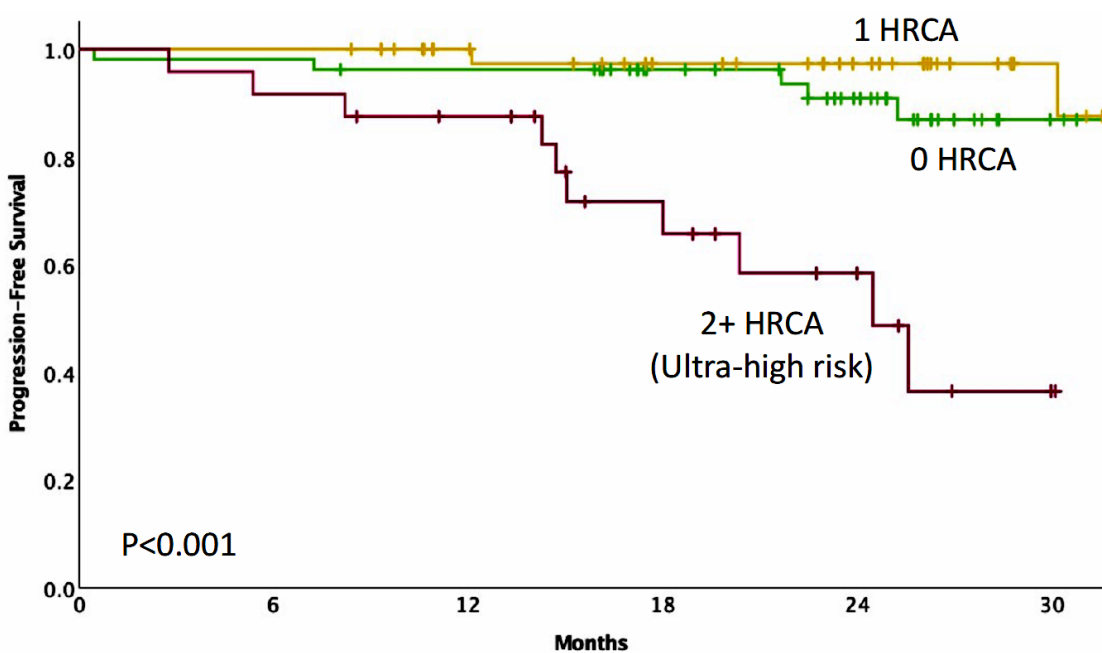
## Study design



\*24 and 72 weeks after completion of therapy

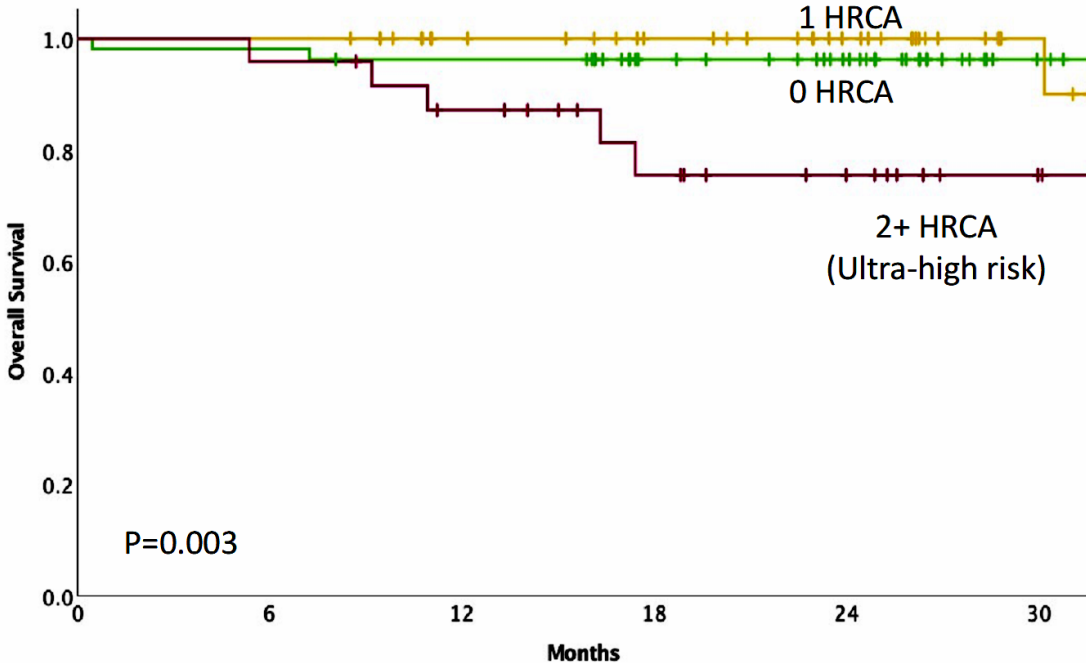
# MASTER trial

## Progression-free survival and overall survival



No. at risk:

	0	6	12	18	24	30
0 HRCA	50	49	46	36	27	10
1 HRCA	44	44	36	30	23	9
2+ HRCA	24	22	19	12	7	2



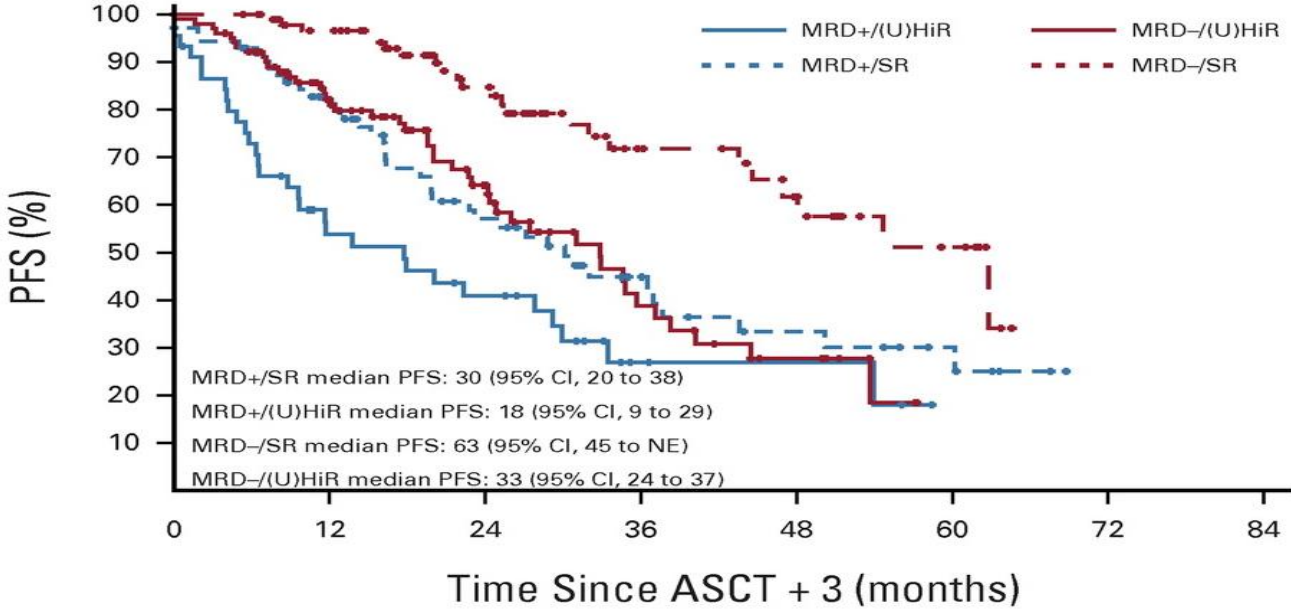
No. at risk:

	0	6	12	18	24	30
0 HRCA	50	49	46	36	29	11
1 HRCA	44	44	36	30	23	9
2+ HRCA	24	23	19	13	9	3

HRCA = gain/amp 1q, t(4;14), t(14;16), t(14;20) or del(17p)

# Lenalidomide vs observation in MRD negative patients

## Results from the MRC Myeloma XI trial

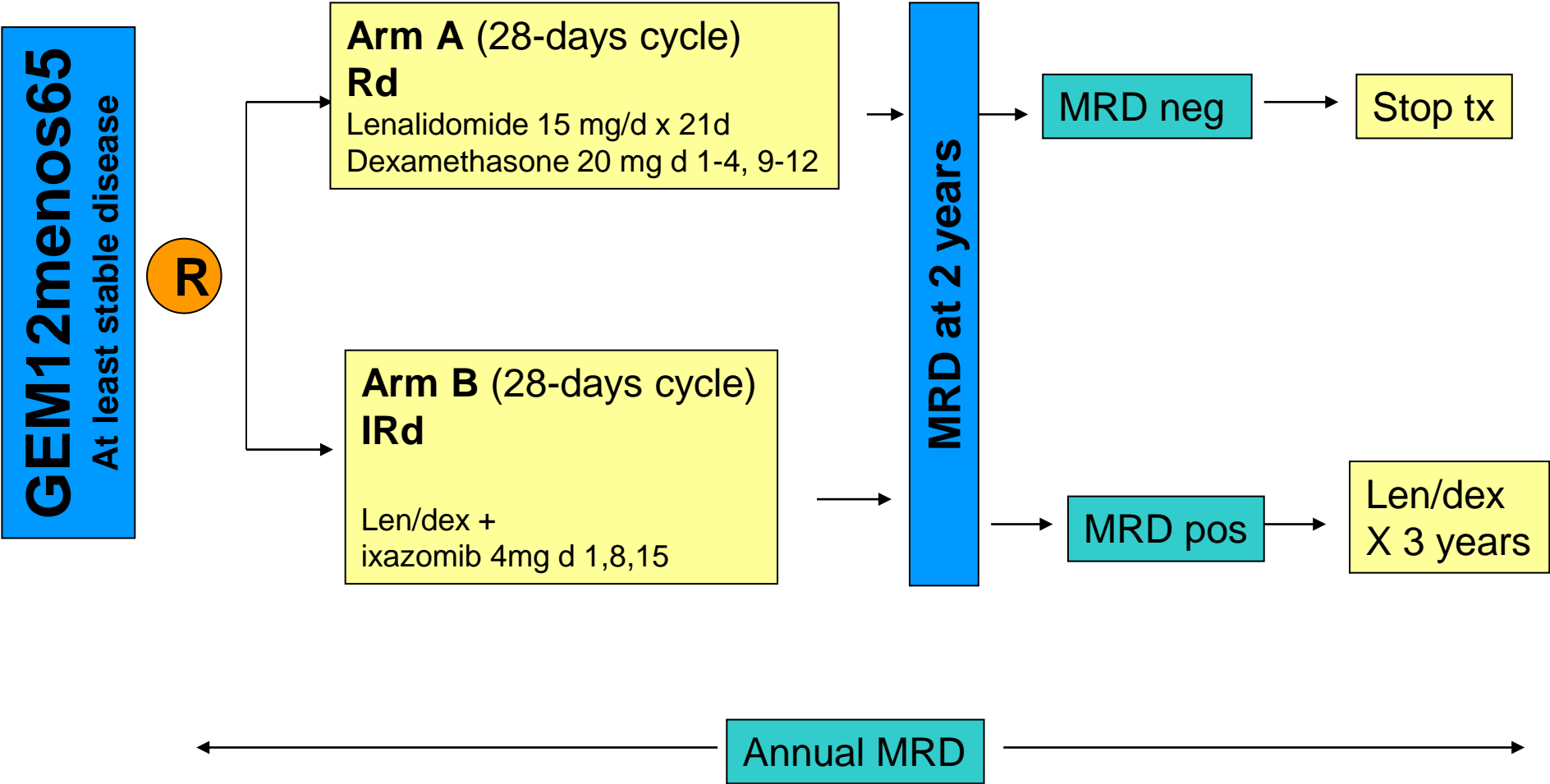


No. at risk (No. censored):

	0	12	24	36	48	60	72	84
MRD+/(U)HiR	45 (0)	21 (4)	15 (5)	4 (12)	3 (13)	0 (15)		
MRD+/-SR	72 (1)	52 (7)	31 (14)	17 (22)	10 (25)	6 (28)	0 (33)	
MRD-/(U)HiR	102 (0)	68 (17)	36 (37)	15 (47)	7 (51)	0 (57)		
MRD-/-SR	96 (1)	83 (10)	48 (37)	25 (54)	16 (60)	7 (67)	0 (73)	

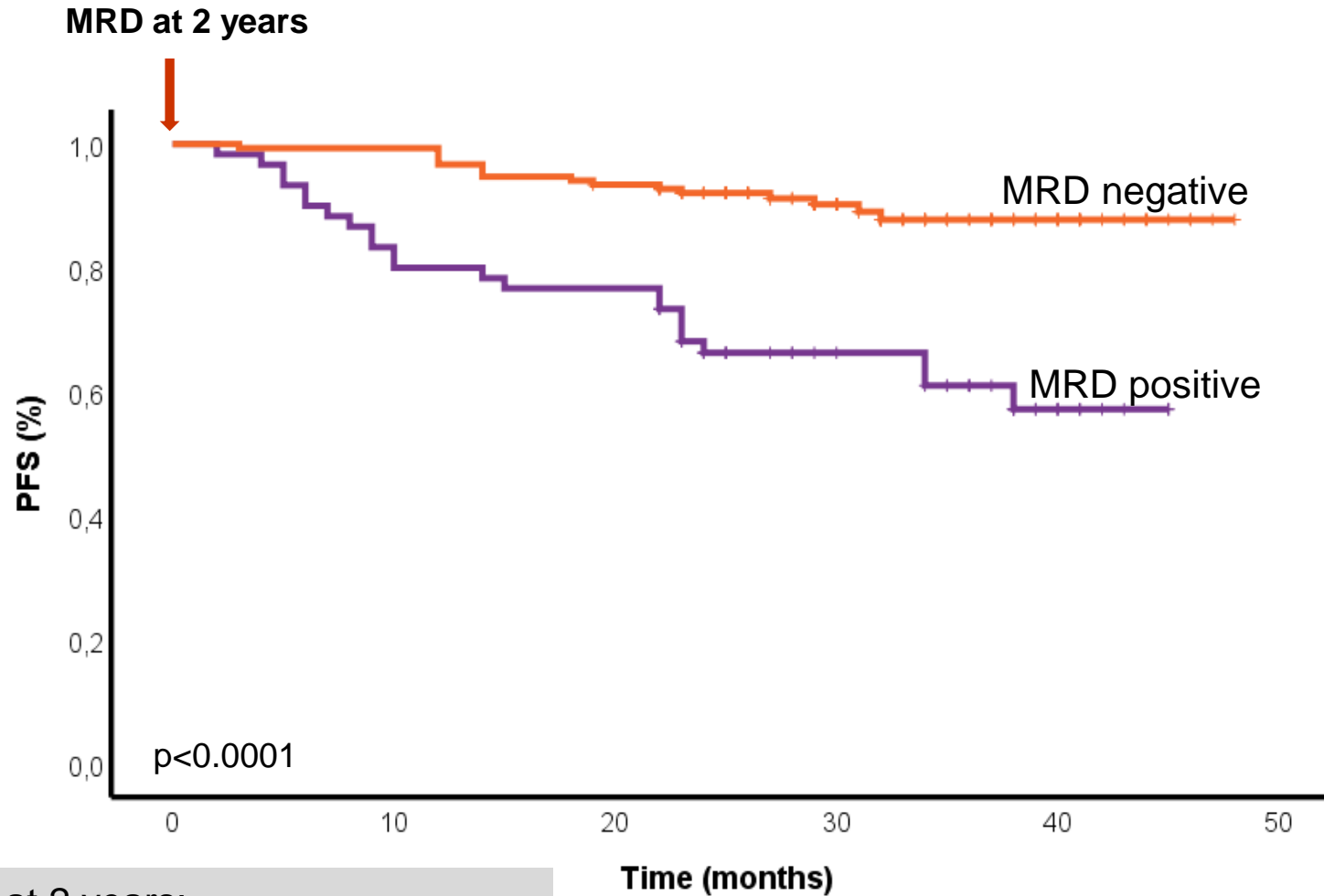
# Can MRD be used to interrupt or prolong treatment?

Results from the GEM2014MAIN trial



# Can MRD be used to interrupt or prolong treatment?

Results from the GEM2014MAIN trial



MRD at 2 years:

- negative: stop maintenance
- positive: Rd for 3 additional years

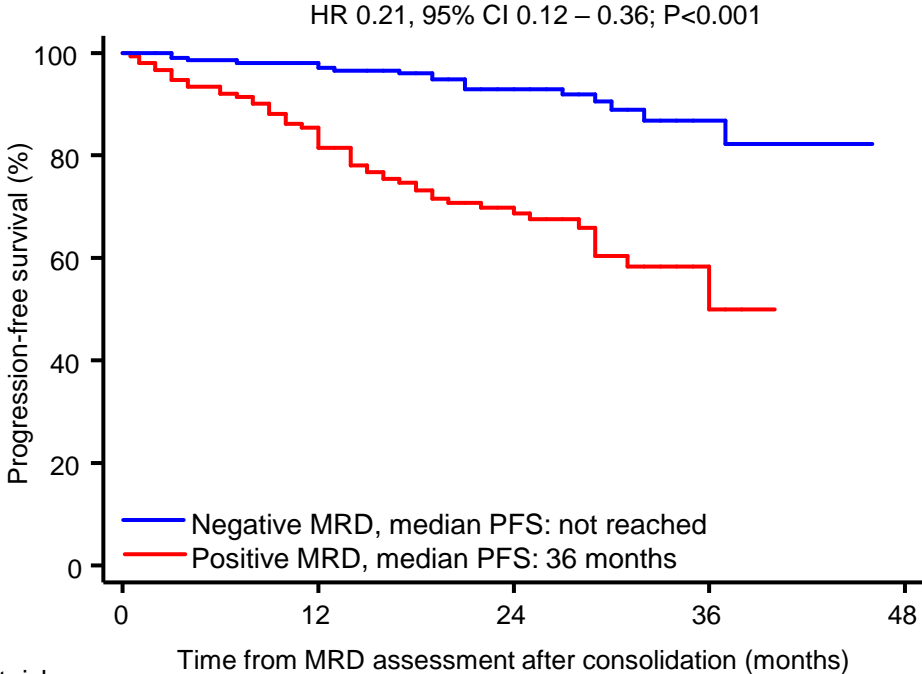
***Once the lessons are learned, there should be stringent standardization in clinical laboratories***



# Methods for measuring MRD per IMWG guidelines<sup>1</sup>

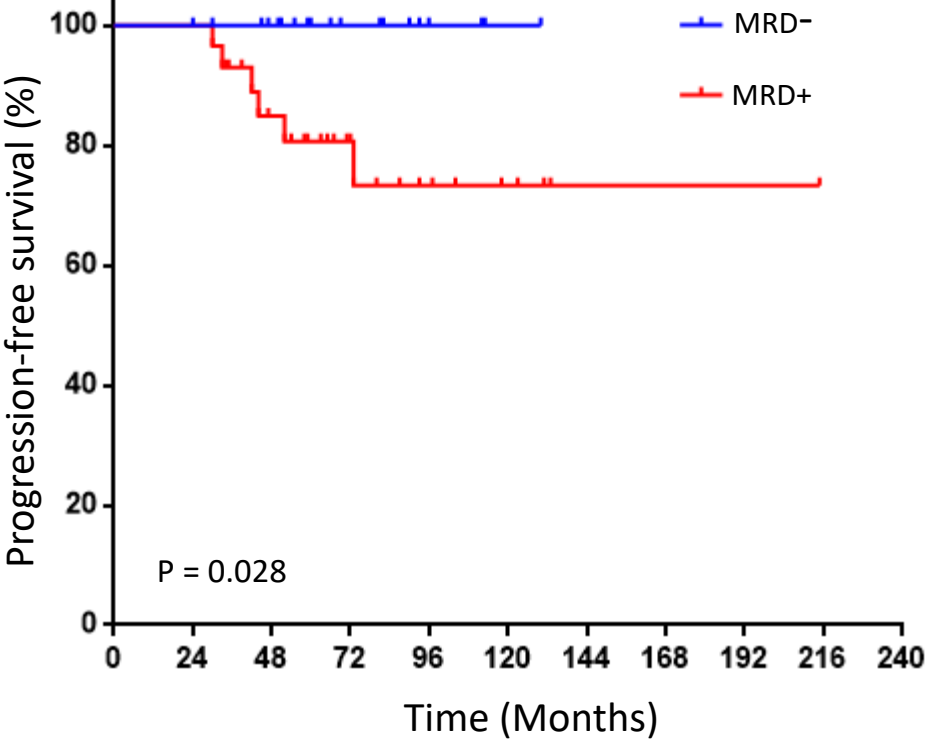
## NGF

Clinical trials<sup>2,3</sup>



Number at risk	0	12	24	36	48
Positive MRD	152	128	64	7	0
Negative MRD	205	198	111	19	0

Clinical practice<sup>4</sup>



1. Kumar S, et al. Lancet Oncol. 2016;17:e328-e346.
2. Facon T, et al. Blood. 2019;133(18):1953-1963.
3. Paiva B, et al. J Clin Oncol. 2020;38(8):784-792.
4. Terpos E, et al. Hemasphere. 2019;3(6):e300.

# Points for discussion

- MRD is poised to be the most relevant prognostic factor in most hematological malignancies
- There is room for improvement, particularly if authorities promote/enforce complete standardization (IVD)
- Any MRD level matters in terms of risk of relapse
  - True in 90% of patients (long-term survivors with persistent disease)
  - Undetectable MRD should be defined with the highest possible sensitivity
  - Improve the definition of MRD cells (eg, CH mutations) to avoid false-positives
- Per the number of ongoing trials, it is plausible that by 2030 there will be guidelines on how to use MRD for treatment decisions in some hematological malignancies
- With very few exceptions, undetectable MRD rates precede years in advance a benefit in PFS
  - Methodological and treatment heterogeneity are barriers to better statistical outcomes
  - Can you imagine knowing the readout of most trials ~12 months after the last patient enrolled?